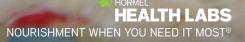
VITAL CUISINE® Peanut Butter Chocolate Chip Protein Bites





VITAL CUISINE[®] Peanut Butter **Chocolate Chip Protein Bites**



INGREDIENTS

2 Servings	Serving Size: 2 bites
2 Tbsp peanut butter, creamy or chunky	Calories: 260
	Total Fat: 12g
2 Tbsp VITAL CUISINE® 500 Vanilla Shake Item: 72504	Saturated Fat: 3g
or VITAL CUISINE® Vanilla Shake Mix Item: 28289, prepared with whole milk	Trans Fat: Og
	Cholesterol: 20mg
1/8 tsp vanilla	Sodium: 120mg
2 scoops Item: 13126	Total Carbs: 26g
or	Dietary Fiber: 3g
2 (8 g) packets Item: 15309 VITAL CUISINE® PROPASS® Whey Protein Supplement	Total Sugars: 12g
1/3 cup quick oats	Added Sugars: 9g
	Protein: 13g
1½ tsp honey	Vitamin D: 0% DV
1 Tbsp mini chocolate chips	Calcium: 6% DV
	Iron: 8% DV
	Potassium: 2% DV

NUTRITION

DIRECTIONS

- 1. Combine peanut butter, VITAL CUISINE® Shake, vanilla, PROPASS® Whey Protein and honey in a mixing bowl. Mix until ingredients are well blended, scraping sides of bowl as necessary.
- 2. Add oats and chocolate chips; stir to combine ingredients.
- 3. Portion into 4 pieces, about 2 Tbsp each. Roll each piece into bite sized balls.
- 4. Keep covered until ready to eat.

