

Webinar 1: IDDSI: What's it all about? Why do we need to change?

International Dysphagia Diet Standardization Initiative (IDDSI) Training Series

Prior to Viewing Webinar 1:

You may wish to have a discussion with participants so people can share relatable stories. Ask them:

- “Have you ever worked in a facility where someone choked and died?”
- Let them tell their stories, and/or share one of your stories.

Then explain that “Based on this discussion, you can see why it’s so important to standardize dysphagia related terms so that we are all speaking the same language. This is why it is so important for us to implement IDDSI.”

Webinar 1 Objectives:

After this training, the learner will be able to:

1. Describe why IDDSI is being implemented.
2. Describe the IDDSI international framework.
3. Explain how the old National Dysphagia Diet (NDD) maps to the new IDDSI international standards.

Webinar 1 Outline:

- I. Overview: Background, history, reasons for changing to IDDSI
 - II. IDDSI Framework
 - III. Some details on the food/drink levels
 - IV. Mapping foods from NDD to IDDSI
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After Viewing Webinar 1:

1. Review the resources associated with this webinar.
2. Post the IDDSI Resources as noted below.

Resources for Webinar 1:

Post the following in areas that are easily accessible (kitchens, dining areas, nurse’s stations, staff and physician conference and break rooms):

- IDDSI Framework Poster
https://ftp.iddsi.org/Documents/IDDSI_Pyramid_v2_white_bg.png
- If you are currently using National Dysphagia Diet (NDD), you will want to post these mapping documents for foods and drinks: Mapping from NDD to IDDSI, the NDD to IDDSI Food Currency Converter:
 - Food: https://iddsi.org/ndd-to-iddsi-food_currency-converter/
 - Drinks: https://iddsi.org/ndd-to-iddsi-drinks_currency-converter/

Resources for Professionals:

- Complete IDDSI Framework and Detailed Definitions (July 2019):
https://ftp.iddsi.org/Documents/Complete_IDDSI_Framework_Final_31July2019.pdf
- Free IDDSI webinar (90 minutes, 1.5 CPE) can be accessed here:
 - <https://www.beckydorner.com/free-resources/free-cpes/>
 - <https://www.hormelhealthlabs.com/resources/for-healthcare-professionals/>
(Scroll down to Free CPE Training)

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