

# MOTHER'S DAY

## Brunch

Dysphagia shouldn't hold you back from having a menu fit for a celebration. Get inspired to create your own delicious and dysphagia-friendly brunch spread with these Mother's Day recipes that meet a variety of IDDSI levels.

 **HORMEL  
HEALTH LABS**

NOURISHMENT WHEN YOU NEED IT MOST®



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## Thickened Strawberry Lemonade

IDDSI LEVELS  

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## Pureed Cheesy Vegetable Dish

IDDSI LEVELS  

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## Strawberry Shortcake

IDDSI LEVELS    

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## Thickened Mocha Latte

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## Pureed Broccoli, Cheese and Egg Dish

IDDSI LEVELS   













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## Ginger Peach Parfait

IDDSI LEVELS    

# ITEMS TO HELP *your meal plan*

Description	Item #		IDDSI Level	Serving Size	Case Pack
THICK & EASY® HYDROLYTE® Clear Thickened Water - Nectar	23061			4 fl oz	24/4 fl oz
THICK & EASY® HYDROLYTE® Clear Thickened Water - Honey	46056			4 fl oz	24/4 fl oz
THICK & EASY® Thickened Dairy - Nectar	73625			8 fl oz	8/32 fl oz
THICK & EASY® Clear Thickened Coffee Mix - Nectar	81331			1 packet	72/5g
THICK & EASY® Clear Thickened Coffee Mix - Honey	81327			1 packet	72/5g
THICK & EASY® Texture Modified Bread & Dessert Mix	118519		  	2 tbsp	12/10.6
THICK & EASY® Bulk Pureed Bacon	78720			1/3 cup	6/2.25 lb
THICK & EASY® Bulk Pureed Sausage	78718			1/3 cup	6/2.25 lb
THICK & EASY® Bulk Pureed Carrots	34332			1/3 cup	6/2 lb
THICK & EASY® Shaped Pureed Mixed Berries	13883			each	24/2.5 oz
THICK & EASY® Instant Food & Beverage Thickener 10lb	07941			4.5g	1/10 lb
THICK & EASY® Instant Food & Beverage Thickener Canisters	17938			4.5g	12/8 oz

