



NOURISHMENT
WHEN YOU
NEED IT MOST®



HORMEL

HEALTH LABS

PRODUCT GUIDE



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At Hormel Health Labs we are inspired by contributing to the joy and well-being of our aging population through delicious, nutritious food products. Our dysphagia products allow individuals with swallowing difficulties to enjoy their favorite foods and beverages.

In addition, we have several nourishing options designed to add extra calories and protein to the diets of those who are not eating enough food.

We also provide many other quality products designed to help care providers meet the dietary needs of their residents and patients.



Bridging The Gap Between Function And Flavor™

for SWALLOWING DIFFICULTY

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for IMPROVED NUTRITION

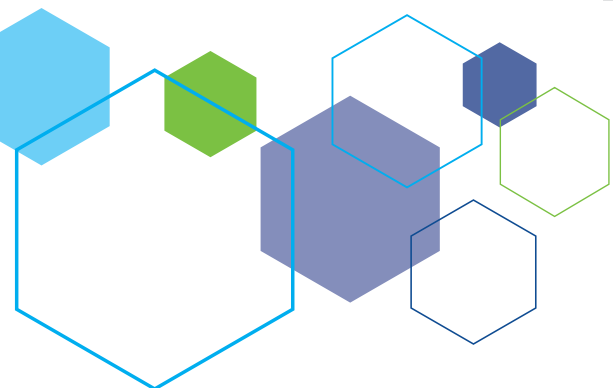
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for SWALLOWING DIFFICULTY

THICKENERS

HORMEL™ THICK & EASY® Instant Food & Beverage Thickeners are now available in 2 unique formulas.

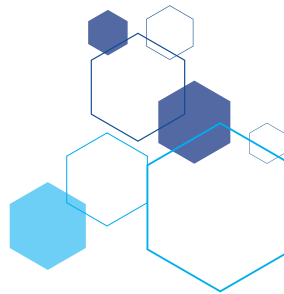
Our **THICK & EASY® Instant Food & Beverage Thickeners** have been used for over 25 years. This product, produced from a modified corn starch, is routinely tested to assure it offers industry leading quality and performance in every serving. **HORMEL™ THICK & EASY® Instant Food & Beverage Thickener** is available in several packaging styles ranging from a 25 pound box to pre-portioned packets, designed for specific beverage consistencies.

THICK & EASY® Clear Instant Food & Beverage Thickener is a xanthan gum based thickener. This thickener was developed to improve the clarity and visual appeal of thickened liquids but it is also great for foods. **THICK & EASY® Clear** has very little color or flavor allowing foods and beverages to keep their natural flavors and aromas while being safer to eat and drink for those with dysphasia.

THICK & EASY® Coffee and Tea Sticks

Everyday pleasures — like a deliciously rich cup of coffee or a premium tea — can bring genuine comfort to those with swallowing difficulty. So we've further improved these two must-have beverage options. Both beverages provide a safe, reliable IDDSI consistency. Choose from Level 2 or Level 3.

SHAPE & SERVE® Thickener is an affordable way to offer great looking shaped pureed foods using foods on your current menu. Adding **SHAPE & SERVE® thickener** provides shape and texture to foods while enhancing the natural flavors. Shaping molds are available for a wide variety of foods so pureed diet plates look and taste fantastic.

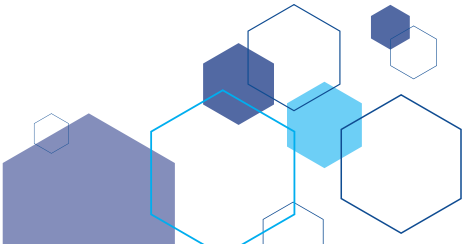


Product Information

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Instant Food & Beverage Thickener															
Thickener Packets – Nectar	126251	▲1 ▲2	1 packet	100/4.5g	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener Packets – Nectar/Honey	21929	▲2 ▲3	1 packet	100/5.5g	15	0	15	4	0	5 yr	Ⓢ	✓		✓	
Thickener Packets – Honey	20223	▲3 ▲4	1 packet	100/6.5g	20	0	15	5	0	5 yr	Ⓢ	✓		✓	
Thickener Canisters	17938†		4.5g	12/8 oz	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener Tubs	07941		4.5g	1/10 lb	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener Box	07925		4.5g	1/25 lb	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
SHAPE & SERVE® Thickener	21170†		-	1/8 lb	20	0	30	4	1	3 yr	K Parve		✓		
Clear Thickener Canisters	25544†		1.4g	4/4.44 oz	5	0	0	0	0	3 yr	Ⓢ	✓		✓	
Clear Thickener Sticks – Nectar	72451	▲2	1.4g	100/1.4g	5	0	25	1	0	3 yr	Ⓢ	✓		✓	
Clear Thickener Sticks – Honey	72453	▲3	3.2g	100/3.2g	10	0	55	2	0	3 yr	Ⓢ	✓		✓	
Clear Thickener Bulk	80256		1.4g	1/4 lb	5	0	0	1	0	3 yr	Ⓢ	✓		✓	
THICK & EASY® Thickened Beverages - Dry Mixes															
Clear Thickened Tea Mix – Nectar	81330	▲2	1 packet	72/5.2g	15	0	60	4	0	3 yr	Ⓢ	✓			
Clear Thickened Tea Mix – Honey	81332	▲3	1 packet	72/7.2g	20	0	100	5	0	3 yr	Ⓢ	✓			
Clear Thickened Coffee Mix - Nectar	81331	▲2	1 packet	72/5g	15	0	80	3	0	3 yr	Ⓢ	✓			
Clear Thickened Coffee Mix - Honey	81327	▲3	1 packet	72/7g	20	0	100	5	0	3 yr	Ⓢ	✓			

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

†HCPCS code B4100





for SWALLOWING DIFFICULTY

THICKENED BEVERAGES - READY TO SERVE

THICK & EASY® Clear Thickened juices and beverages are thickened using xanthan gum. This allows for best in class flavor and appearance while delivering reliable product consistency.

FEATURES:

- Appealing taste & appearance
- Available in two consistencies; IDDSI  Level and IDDSI  Level
- No high fructose corn syrup
- Reduced carbohydrates compared to other thickened beverages
- 1 year shelf life

BENEFITS:

- A dignified option for those with swallowing difficulty
- A refreshing drinking experience
- A time saver for care providers
- Assurance that the liquids are thickened correctly every time
- Diabetic options- HYDROLYTE® Thickened Water and Thickened Sugar Free Peach Mango Drink
- Options for low carbohydrate dietary needs

























Try our
Sugar Free
Peach Mango



THICKENED DAIRY - READY TO SERVE

THICK & EASY® Dairy is our 2% reduced fat thickened milk which has that “real dairy” taste because it is packaged fresh. The thickened dairy products provide the same nutritional benefits as regular milk. Thickening dairy-based products can be difficult even for well trained staff. Our thickened milk allows you to provide a high-quality, consistent beverage every time.

Product Information

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® CLEAR Thickened Beverages - 46oz Ready to Serve															
HYDROLYTE® Thickened Water – Nectar with a Hint of Lemon	12863		12 fl oz	6/46 fl oz	5	0	75	1	0	1 yr	Ⓢ	✓			
HYDROLYTE® Thickened Water – Honey with a Hint of Lemon	27076		12 fl oz	6/46 fl oz	15	0	150	3	0	1 yr	Ⓢ	✓			
Thickened Iced Tea – Nectar	28702		12 fl oz	6/46 fl oz	150	0	90	36	0	1 yr	Ⓢ	✓			
Thickened Iced Tea – Honey	45587		12 fl oz	6/46 fl oz	150	0	130	36	0	1 yr	Ⓢ	✓			
Thickened Cranberry Juice Cocktail – Nectar	15813		8 fl oz	6/46 fl oz	100	0.5	60	25	0	1 yr	Ⓢ	✓			
Thickened Cranberry Juice Cocktail – Honey	48030		8 fl oz	6/46 fl oz	120	0.5	110	27	0	1 yr	Ⓢ	✓			
Thickened Apple Juice – Nectar	28876		8 fl oz	6/46 fl oz	110	1.5	55	25	0	1 yr	Ⓢ	✓			
Thickened Apple Juice – Honey	30634		8 fl oz	6/46 fl oz	120	1.5	140	27	0	1 yr	Ⓢ	✓			
Thickened Orange Juice – Nectar	42161		8 fl oz	6/46 fl oz	110	0	70	27	1	1 yr	Ⓢ	✓			
Thickened Orange Juice – Honey	40123		8 fl oz	6/46 fl oz	110	0	120	27	1	1 yr	Ⓢ	✓			
Thickened Kiwi Strawberry – Nectar	27930		8 fl oz	6/46 fl oz	130	1	90	31	0	1 yr	Ⓢ	✓			
Thickened Kiwi Strawberry – Honey	11840		8 fl oz	6/46 fl oz	140	1	110	32	0	1 yr	Ⓢ	✓			
Thickened Sugar Free Peach Mango – Nectar	79018		12 fl oz	6/46 fl oz	10	0	90	3	0	1 yr	Ⓢ	✓			
THICK & EASY® CLEAR Thickened Beverages - 4oz Single Serve															
HYDROLYTE® Thickened Water – Nectar with a Hint of Lemon	23061		4 fl oz	24/4 fl oz	0	0	40	0	0	1 yr	Ⓢ				
HYDROLYTE® Thickened Water – Honey with a Hint of Lemon	46056		4 fl oz	24/4 fl oz	5	0	60	1	0	1 yr	Ⓢ				
Thickened Iced Tea – Nectar	28259		4 fl oz	24/4 fl oz	50	0	45	12	0	1 yr	Ⓢ				
Thickened Iced Tea – Honey	32870		4 fl oz	24/4 fl oz	50	0	60	13	0	1 yr	Ⓢ				
Thickened Cranberry Juice Cocktail – Nectar	39705		4 fl oz	24/4 fl oz	45	0	40	12	0	1 yr	Ⓢ				
Thickened Cranberry Juice Cocktail – Honey	20160		4 fl oz	24/4 fl oz	50	0	60	13	0	1 yr	Ⓢ				
Thickened Apple Juice – Nectar	41530		4 fl oz	24/4 fl oz	60	1	55	13	0	1 yr	Ⓢ				
Thickened Apple Juice – Honey	12687		4 fl oz	24/4 fl oz	60	0	70	14	0	1 yr	Ⓢ				
Thickened Orange Juice – Nectar	49144		4 fl oz	24/4 fl oz	45	0	45	11	0	1 yr	Ⓢ				
Thickened Orange Juice – Honey	32192		4 fl oz	24/4 fl oz	50	0	70	12	0	1 yr	Ⓢ				
Thickened Sugar Free Peach Mango – Nectar	78768		4 fl oz	24/4 fl oz	5	0	40	1	0	1 yr	Ⓢ				
Thickened Sugar Free Peach Mango – Honey	78769		4 fl oz	24/4 fl oz	5	0	70	1	0	1 yr	Ⓢ				
THICK & EASY® Thickened Dairy - Ready to Serve															
Thickened Dairy – Nectar	73625		8 fl oz	8/32 fl oz	170	5	210	23	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Honey	73626		8 fl oz	8/32 fl oz	180	5	240	26	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Nectar	24739		8 fl oz	27/8 fl oz	170	5	210	23	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Honey	41805		8 fl oz	27/8 fl oz	180	5	240	26	8	15 mo	Ⓢ-D				✓
Thickened Dairy - Chocolate – Nectar	72447		8 fl oz	27/8 fl oz	210	5	210	32	8	15 mo	Ⓢ-D				✓

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TEXTURE MODIFIED BREAKFAST & DESSERT SELECTIONS

Great tasting! Great looking breakfast and dessert is easy with Hormel Health Labs pureed breakfast selections.

FEATURES:

- Over 12 tasty varieties to choose from
- 4 tasty dessert or snack options
- Individual shaped portions or multi-serve packaging options
- Wonderful aromas to improve eating experience
- Easy to use bacon and sausage options

BENEFITS:

- Great tasting food can promote consumption
- Shaped items offer a classy, dignified plate appearance
- Patients or residents love the quality

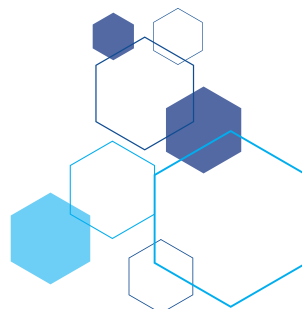
Delicious and Simple to make.



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Shaped Pureed Breakfast															
Shaped Pureed Omelet	72475	4	each	24/2.5 oz	130	11	210	2	6	1 yr	N				✓
Shaped Pureed Sausage Links	72478	4	each	24/2.5 oz	100	4.5	320	3	11	1 yr	N		✓		✓
Shaped Pureed Waffle	72473	4	each	24/2.5 oz	100	3	210	13	5	1 yr	N		✓		✓
Shaped Pureed Pancakes	72476	4	each	24/2.5 oz	110	3	270	13	7	1 yr	N		✓		✓
Shaped Pureed Breakfast Variety Pack (Omelet, Sausage, Waffle, Pancake)	72491	4	each	24/2.5 oz	—	—	—	—	—	1 yr	—		✓		✓
THICK & EASY® Pureed Meats															
Pureed Pork Sausage	37334	4	1 patty	90/1 oz	50	2.5	150	1	5	1 yr	N		✓		✓
Pureed Bacon	24037	4	1 patty	90/1 oz	50	3	240	1	4	1 yr	N		✓		✓
THICK & EASY® Bulk Pureed Meat															
Bulk Pureed Sausage	78718	4	1/3 cup	6/2.25 lb	120	6	370	4	14	1 yr	N		✓		
Bulk Pureed Bacon	78720	4	1/3 cup	6/2.25 lb	120	7	570	2	14	1 yr	N				
THICK & EASY® Pureed Meals - Shelf Stable															
Pureed Scrambled Eggs with Potatoes, and Bacon	60740		1 tray	7/7 oz	280	17	420	17	14	8mo	N				✓
Pureed Maple Cinnamon French Toast	60742		1 tray	7/7 oz	280	9	310	40	14	8mo	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ - Individual Serving Breakfast Purees															
Apple Cinnamon French Toast	41076	4	3 oz	24/3 oz	110	3	140	13	8	1 yr	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ - Half Pan Dessert Purees															
Strudel Inspired Apple Dessert	37158	4	4 oz	4/4 lb	140	3	230	18	10	1 yr	N		✓		✓
Banana Bread	33795	4	4 oz	4/4 lb	160	4	230	21	11	1 yr	N		✓		✓
Vanilla Cake - Artificially Flavored	18413	4	4 oz	4/4 lb	150	3.5	260	18	10	1 yr	N		✓		✓
Peach Cobbler	19650	4	4 oz	4/4 lb	140	3	200	17	10	1 yr	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ - Individual Serving Dessert Purees															
Banana Bread	37510		3 oz	24/3 oz	120	3	150	15	8	1 yr	N		✓		✓
Vanilla Cake - Artificially Flavored	27477		3 oz	24/3 oz	120	3.5	170	14	8	1 yr	N		✓		✓
Peach Cobbler	25113		3 oz	24/3 oz	110	3	140	12	8	1 yr	N		✓		✓
Strudel Inspired Apple Dessert	129867		3 oz	24/3 oz	110	3	140	13	8	1 yr	N		✓		✓
Dessert Puree Variety Pack	130609		3 oz	24/3 oz	—	—	—	—	8	1 yr	N		✓		✓

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TEXTURE MODIFIED CENTER OF THE PLATE CHOICES

Hormel Health Labs center of the plate texture modified proteins taste fantastic, look great and are easy to prepare.

SHAPED PUREES FEATURES AND BENEFITS:

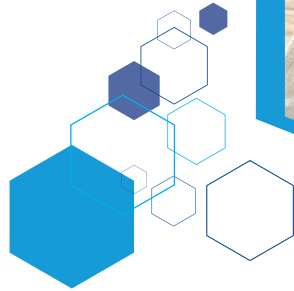
- Great plate appearance for improved dining presentation and experience
- Simple preparation, just steam and serve
- Varieties taste like homemade with great aromas for everyone's enjoyment
- Excellent source of protein for easy menu planning

PUREE MULTI SERVE PACK STYLE FEATURES AND BENEFITS:

- Boil-in-bag packaging is labor saving and convenient
- Reliable taste and texture every meal
- Versatile meats for easy recipe development

IDDSI LEVEL 5 READY MINCED MEATS FEATURES AND BENEFITS:

- IDDSI Level 5 particulate size
- Excellent source of protein
- Versatile usage options
- Suitable for IDDSI levels 6 and 7
- Simple, clean ingredient label



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY[®] Shaped Pureed Meats															
Shaped Pureed Roast Beef	10837	4	each	24/3 oz	130	7	350	2	15	1 yr	N				
Shaped Pureed Beef Patty	49846	4	each	24/3 oz	130	7	390	3	14	1 yr	N				
Shaped Pureed Roast Turkey	11505	4	each	24/3 oz	130	7	310	2	15	1 yr	N				
Shaped Pureed Ham	25435	4	each	24/3 oz	120	7	630	2	13	1 yr	N				
Shaped Pureed Chicken	37954	4	each	24/3 oz	140	8	340	2	14	1 yr	N				
Shaped Pureed Roast Pork	38393	4	each	24/3 oz	150	9	360	2	15	1 yr	N				
Shaped Pureed Fish Fillet	45926	4	each	24/3 oz	90	2	330	2	17	1 yr	N				
Shaped Pureed Meats-Variety Pack (Roast Beef, Chicken, Pork, Turkey)	33539	4	each	24/3 oz	--	--	--	--	--	1 yr	N				
THICK & EASY[®] Bulk Pureed Meat															
Bulk Pureed Beef	78544	4	1/3 cup	6/2.25 lb	130	7	380	2	15	1 yr	N		✓		
Bulk Pureed Pork	78719	4	1/3 cup	6/2.25 lb	150	8	380	5	14	1 yr	N		✓		
Bulk Pureed Chicken	78549	4	1/3 cup	6/2.25 lb	100	4	340	3	14	1 yr	N				
THICK & EASY[®] CLIFFDALE FARMS[™] REDI-MELT[™] Purees															
Pureed Souffle with Beef	24311		3 oz	120/1 oz	140	8	410	3	14	1 yr	N		✓		✓
Pureed Souffle with Chicken	29130		3 oz	120/1 oz	140	8	320	3	14	1 yr	N		✓		✓
Pureed Souffle with Ham, Cheese, and Chicken	40347		3 oz	120/1 oz	140	8	350	3	14	1 yr	N				✓
Pureed Souffle with Pork	49267		3 oz	120/1 oz	140	7	360	4	14	1 yr	N		✓		✓
THICK & EASY[®] All Natural Level 5 Ready Minced Meats															
Minced Ground Beef	114401	5	1/2 cup	6/6 serv. bags	110	6	25	0	14	1 yr	N				
Minced Ground Chicken	114402	5	1/2 cup	6/6 serv. bags	100	4.5	40	0	14	1 yr	N				
Minced Ground Pork	114403	5	1/2 cup	6/6 serv. bags	110	5	40	0	15	1 yr	N				
Minced Ground Turkey	114404	5	1/2 cup	6/6 serv. bags	70	2	30	0	14	1 yr	N				

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Make meal times more appetizing with Shaped Purees.



TEXTURE MODIFIED MAIN DISH OPTIONS

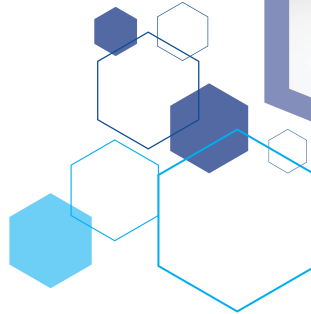
Hormel Health Labs offers a unique line of main dish options that deliver unbelievable quality and flavor your patients or residents will love!

FEATURES:

- Recipes inspired by white table cloth dining
- Moist and flavorful varieties
- Perfect pureed texture
- Filled with high quality protein
- Available in individual servings and multi-serve options

BENEFITS:

- Dining enjoyment with great tasting foods
- Simple to make and easy to fit into most menus
- Individual portions eliminate risk of wasting food
- Great aroma will improve appetite appeal



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® CLIFFDALE FARMS™ Half Pan Purees															
Broccoli & Cheddar	29946	4	4 oz	4/4 lb	170	10	350	7	14	1 yr	N				✓
Tuna Cheddar Melt	43911	4	4 oz	4/4 lb	110	6	340	5	10	1 yr	N				✓
Cheese Pizza	20517	4	4 oz	4/4 lb	160	7	390	8	15	1 yr	N		✓		✓
Savory Beef & Vegetables	31924	4	4 oz	4/4 lb	140	7	350	2	16	1 yr	N				✓
Beef Lasagna	35683	4	4 oz	4/4 lb	150	6	370	8	17	1 yr	N		✓		✓
Hawaiian Inspired Chicken	45244	4	4 oz	4/4 lb	140	5	360	10	14	1 yr	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ Individual Serving Purees															
Au Gratin Inspired Broccoli, Egg & Cheese Bake	29554	4	4 oz	24/4 oz	170	10	350	7	14	1 yr	N				✓
Barbecue Sauce & Beef	49648	4	4 oz	24/4 oz	160	7	460	10	15	1 yr	N		✓		✓
Cheese Pizza	48256	4	4 oz	24/4 oz	150	7	390	7	15	1 yr	N		✓		✓
Garden Vegetable Medley	36776	4	4 oz	24/4 oz	180	9	350	10	14	1 yr	N		✓		✓
Orange Chicken	45567	4	4 oz	24/4 oz	170	8	300	10	15	1 yr	N		✓		✓
Skillet inspired Broccoli & Chicken Bake	12030	4	4 oz	24/4 oz	130	6	370	5	14	1 yr	N		✓		✓
Chicken & Vegetable	18896	4	4 oz	24/4 oz	150	8	350	7	12	1 yr	N				✓
Turkey Casserole	45763	4	4 oz	24/4 oz	160	3	620	18	14	1 yr	N		✓		✓
Alaskan Seafood	45927	4	4 oz	24/4 oz	150	9	370	7	11	1 yr	N		✓		✓
Savory Beef & Vegetables	25470	4	4 oz	24/4 oz	150	7	300	4	19	1 yr	N				✓
Roast Beef & Cheddar	31180	4	4 oz	24/4 oz	150	7	300	5	17	1 yr	N		✓		✓
Beef Lasagna	36405	4	4 oz	24/4 oz	150	6	370	8	17	1 yr	N		✓		✓
Apple Pork Delight	40521	4	4 oz	24/4 oz	150	4.5	310	11	16	1 yr	N		✓		✓
THICK & EASY® Pureed Meals - Shelf Stable															
Pureed Roast Chicken, Potatoes & Carrots	60748		1 tray	7/7 oz	250	16	430	13	14	18 mo	N				
Pureed Roasted Turkey, Stuffing, & Green Beans	60749		1 tray	7/7 oz	260	15	460	18	13	18 mo	N		✓		
Pureed Homestyle Beef, Potatoes, & Corn	60747		1 tray	7/7 oz	260	11	490	27	13	18 mo	N				
Pureed Italian Style Lasagna	60744		1 tray	7/7 oz	270	9	500	34	14	18 mo	N		✓		✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

THICK & EASY® Pureed Meals offer a meal solution for those with swallowing difficulties in 6 nutritious and delicious flavor varieties for all meals of the day. Let us help provide you and your family members with consistent quality, exceptional taste and a safe pureed textured meal. It is our simplest preparation. There is no refrigeration required for storage. The pureed meals require a microwave for preparation and are ready to serve in 60 seconds.

FEATURES:

- Exceptional taste
- Consistent pureed texture
- Simplest preparation yet
- 6 nutritious varieties
- Convenient for late night admissions
- Solution for labor issues
- Ideal for emergency backup plans



TEXTURE MODIFIED SIDE DISH OPTIONS

Hormel Health Labs understands the importance of creating the perfect looking and tasting pureed meal. Our side dish options are appreciated by patients and residents because they make a great looking meal and deliver rich flavors and vibrant colors.

FEATURES:

- Easy to use breads, fruits and vegetables, even mac and cheese!
- Shaped fresh tasting vegetables with fantastic on plate appearance
- Sweet fruit brightens up plates and faces
- Available in variety packs
- Bread and vegetables offer multi-serving packaging options

BENEFITS:

- Pureed diet foods residents and patients want to eat!
- Great taste, aroma and appearance improve appetite appeal
- Easy prep saves labor in the kitchen
- Many pack size options make it easy to use in every facility

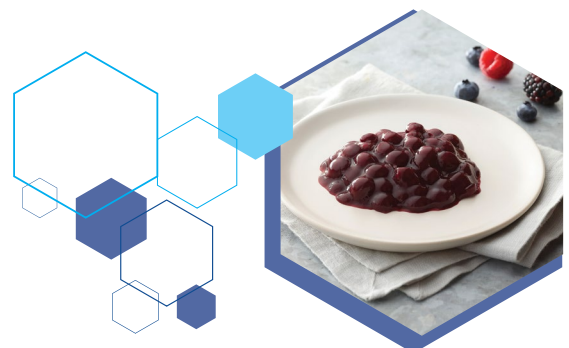
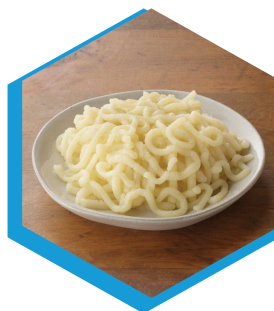
Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY™ CLIFFDALE FARMS™ Individual Serving Purees															
Country Bread	31560	4	3 oz	24/3 oz	170	9	240	14	7	1 yr	N		✓		✓
THICK & EASY™ CLIFFDALE FARMS™ REDI-MELT™ Purees															
Country Bread	23885	4	3 oz	120/1 oz	170	9	240	14	7	1 yr	N		✓		✓
THICK & EASY™ Shaped Pureed Vegetables and Side Dishes															
Shaped Pureed Carrots	39312	4	each	24/3 oz	150	9	330	17	1	1 yr	N				
Shaped Pureed Broccoli	26522	4	each	24/3 oz	140	9	390	12	2	1 yr	N				
Shaped Pureed Corn	27074	4	each	24/3 oz	190	10	340	23	1	1 yr	N				
Shaped Pureed Peas	12705	4	each	24/3 oz	140	7	370	15	3	1 yr	N				
Shaped Pureed Green Beans	12118	4	each	24/3 oz	120	8	370	12	1	1 yr	N				
Shaped Pureed Cauliflower	89139	4	3 oz	24/3 oz	120	8	210	10	2	1 yr	N				
Shaped Pureed Vegetable Variety (Corn, Carrot, Green Bean, Green Pea)	47876	4	each	24/3 oz	—	—	—	—	—	1 yr	N				
Shaped Pureed Imitation Mac & Cheese	72493		each	24/3 oz	200	13	430	8	12	1 yr	N				✓
THICK & EASY™ Bulk Pureed Vegetables															
Bulk Pureed Carrots	34332	4	1/3 cup	6/2 lb	110	6	80	14	0	1 yr	N				
Bulk Pureed Broccoli	13055	4	1/3 cup	6/2 lb	90	6	25	9	1	1 yr	N				
Bulk Pureed Corn	18637	4	1/3 cup	6/2 lb	180	9	20	22	2	1 yr	N				
Bulk Pureed Peas	38561	4	1/3 cup	6/2 lb	130	7	40	13	3	1 yr	N				
Bulk Pureed Green Beans	45076	4	1/3 cup	6/2 lb	100	7	25	9	1	1 yr	N				
Bulk Pureed Pasta	114399	4	1/2 cup	6/2.2 lb	180	12	310	15	2	1 yr	N		✓		
Bulk Pureed Rice	114400	4	1/2 cup	6/2.2 lb	150	10	270	14	2	1 yr	N				
THICK & EASY™ Shaped Pureed Fruits															
Shaped Pureed Peaches	13301	4	each	24/2.5 oz	90	1	40	20	0	1 yr	N				
Shaped Pureed Pears	27605	4	each	24/2.5 oz	90	1	30	20	0	1 yr	N				
Shaped Pureed Mixed Berries	13883	4	each	24/2.5 oz	100	1	25	23	0	1 yr	N				
Shaped Pureed Pineapple	28170	4	each	24/2.5 oz	80	1	30	20	0	1 yr	N				
Shaped Pureed Fruit (Peach, Pear, Mixed Berry, Pineapple)	17422	4	each	24/2.5 oz	—	—	—	—	—	1 yr	N				
SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY™ Pureed Side Dishes															
Instantized Rice (as prepared)	73821		1 Tbsp	1/5 lb	110	4	55	16	1	3 yr	K Parve				
Texture Modified Bread & Dessert Mix - Tub	48862	4 5 6	0.57 oz	2/4.5 lb	60	0.5	80	12	2	3 yr	Ⓚ-D Halal		✓		✓
Texture Modified Bread & Dessert Mix	118519	4 5 6	2 tbsps	12/10.6	60	0.5	70	13	2	3 yr	Ⓚ-D Halal		✓		✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.



Appearance offers appetite appeal



FORTIFIED NUTRITIONAL SHAKES

MED PASS® 2.0 Fortified Nutritional Shakes provide a convenient way to supplement calories and protein. Designed to be used as a medication pass drink, **MED PASS®** products deliver more nutrition than water, juice or milk. This additional intake can mean weight maintenance or weight gain. **MED PASS® Reduced Sugar** is a carbohydrate controlled formula ideal for many carbohydrate restricted diets.

FEATURES:

- Provides 120 calories and 5g of protein in 2 oz.
- Fortified with vitamins and minerals
- IDDSI Level 2 Mildly Thick - nectar consistency
- Shelf stable

BENEFITS:

- Patients or residents enjoy the creamy rich flavor
- Convenient on nursing carts
- Consumption easily monitored by nursing
- Eliminates waste associated with individual servings
- Readily accepted by residents



PROTEIN NUTRITION SHAKES

HORMEL VITAL CUISINE® 500 Shakes

FEATURES:

- 520 calories per serving
- 22 grams of protein per serving
- Use for involuntary weight loss, surgical recovery, injury or stress
- IDDSI Level 2 Mildly Thick - nectar consistency
- Flavor varieties include vanilla and chocolate

PROTEIN & AMINO ACID SOLUTION

HORMEL™ HEALTHY SHOT® Protein Supplement is a peach flavored clear beverage. A 2.5 fl oz serving supplies 100 calories and 24 grams of high quality protein. It is also fortified with a select nutrient blend that includes Vitamins A,C,D,E and folic acid. It is a supplement beverage for individuals who require the extra protein without all the calories and fluid volume. It is ideal for individuals with increased protein needs, during surgical recovery, trauma, wounds, cancer treatment and undergoing dialysis.



Product Information

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
MED PASS® Fortified Nutritional Shake															
Fortified Nutritional Shake - Vanilla	27016†	2	8 fl oz	12/32 fl oz	480	19	400	58	20	15 mo	Ⓢ-D	✓		✓	✓
Fortified Nutritional Shake - Butter Pecan	46463†	2	8 fl oz	12/32 fl oz	480	19	470	58	20	15 mo	Ⓢ-D	✓		✓	✓
Reduced Sugar Fortified Nutritional Shake - Vanilla	22649‡	2	8 fl oz	12/32 fl oz	420	24	400	31	20	15 mo	Ⓢ-D	✓		✓	✓
HORMEL VITAL CUISINE® 500 Shakes															
Vanilla	72504	2	8.45 oz	27/8.45 oz	520	22	380	59	22	18 mo	Ⓢ-D				✓
Chocolate	72502	2	8.45 oz	27/8.45 oz	520	21	380	60	22	18 mo	Ⓢ-D				✓
HORMEL™ HEALTHY SHOT® Protein Supplement															
Double Protein Peach	72855**		2.5 fl oz	24/2.5 fl oz	100	0	110	2	24	1 yr	N				

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

†HCPCS code B4152 ‡HCPCS code B4154 **HCPCS code B4155 ††HCPCS code A9270

L-EMENTAL® ARGININE DRINK MIX

HORMEL VITAL CUISINE® L-EMENTAL® Arginine Drink Mix is a blend of Arginine, Vitamin C, Vitamin E and Zinc. Arginine becomes conditionally essential during times of metabolic stress. It can be used for dietary management of pressure ulcer patients

FEATURES:

- 4.5 g of elemental Arginine per serving
- Fortified with Vitamin C and Vitamin E for antioxidant properties
- Conveniently packaged with one serving per packet

BENEFITS:

- Mixes easily with water, juices, carbonated beverages, or other clear liquids
- May help to maintain skin integrity



PROTEIN & CALORIE DRINK MIXES

HORMEL VITAL CUISINE® Instant Breakfast and Shake Mixes are a tasty way to supplement nutritional intake. These mixes are a good source of both protein and calories and are fortified with essential vitamins and minerals. Functionality is only the beginning; after one taste, you'll forget that these are nutritional mixes. **Hormel Vital Cuisine® Shake Mixes** offer simple "just add milk" preparation and are available in a variety of flavors.



PROTEIN & CALORIE FOOD SUPPLEMENTS

HORMEL VITAL CUISINE® PROPASS® Whey Protein Supplement Powder is designed to be added to foods and beverages or used in tube feedings, delivering 6g of protein per serving. This protein powder was manufactured to mix easily without clumping. It was formulated with limited color and flavor so when mixed with foods or beverages it results in a limited change to taste or appearance. The added high quality whey protein is ideal for adding extra dietary protein for pressure injuries or unintended weight loss.

MULTI MIX™ Calorie & Protein Supplement Mix is the original food first intervention to combat unintended weight loss. MULTI MIX™ supplement mix adds calories and proteins to foods while enhancing the flavor. This versatile option is great alternative to between meal supplements.



Product Information

SHELF STABLE	Item Number	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HORMEL VITAL CUISINE® L-EMENTAL® Arginine Supplement Mix														
Arginine Supplement Mix - Orange	41057*	1 packet	50/10g	30	1	5	1	0	2 yr	K Parve				
HORMEL VITAL CUISINE® Protein and Calorie Drink Mixes														
Shake Mix - Vanilla	28289	1/4 cup	6/20.5 oz	140	1	110	26	6	2 yr	Ⓢ-D				✓
Shake Mix - Chocolate	38316	1/4 cup	6/22.5 oz	150	1.5	110	27	7	2 yr	Ⓢ-D				✓
Shake Mix - Strawberry	28696	1/4 cup	6/20.5 oz	140	1	110	26	6	2 yr	Ⓢ-D				✓
Instant Breakfast Mix - Vanilla	25786	1/4 cup	12/9.6 oz	120	0	90	23	7	2 yr	Ⓢ-D		✓		
Protein and Calorie Supplements - Dry Mix														
HORMEL VITAL CUISINE® PROPASS® Whey Protein Supplement	15309*	1 Packet	100/8g	35	0.5	15	1	6	2 yr	KD	✓			✓
HORMEL VITAL CUISINE® PROPASS® Whey Protein Supplement	13126*	8g	4/7.5 oz	35	0.5	15	1	6	2 yr	KD	✓			✓
MULTI MIX™ Calorie & Protein Supplement Mix	19823*	1/4 cup	1/3.5 lb	120	2	150	13	12	1 yr	KD	✓			✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

*HCPCS code B4155

PROTEIN & CALORIE SNACKS AND DESSERTS

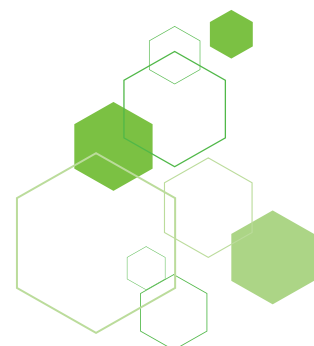
MAGIC CUP® Dessert is a unique nutritional frozen novelty designed to delight patients or residents with it's creamy flavor. MAGIC CUP® desserts are ideal for dysphagia diets appearing ice cream-like when frozen and IDDSI level 4 when served chilled. Available in several flavors as well as reduced sugar.

FEATURES:

- Suitable for dysphagia diets
- Nutritionally dense

BENEFITS:

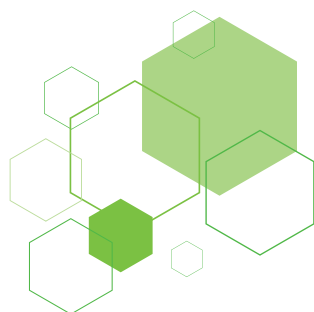
- Adds variety to supplement rotation
- Ideal to serve with meals as a dignified intervention for unintended weight loss.



HORMEL VITAL CUISINE® Instant Custard Mix is available in regular and reduced calorie options. They are tasty enough to be served to all residents and fulfill the diet requirement for your low calorie, diabetic and fat restricted diets. Hormel Vital Cuisine® Instant Custard Mix offers convenient, just add water directions, easy to serve, and can help with menu planning.

FEATURES:

- Reduced calorie option
- Rich flavor
- Easy menu planning
- Easy preparation



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
MAGIC CUP® Dessert															
Vanilla	19850	4	1 container	48/4 oz	290	11	130	38	9	1 yr	N	✓			✓
Chocolate	33904	4	1 container	48/4 oz	290	11	130	38	9	1 yr	N	✓			✓
Wild Berry	44180	4	1 container	48/4 oz	290	11	130	38	9	1 yr	N	✓			✓
Butter Pecan	72508	4	1 container	48/4 oz	290	11	130	38	9	1 yr	N	✓			✓
Reduced Sugar - Vanilla	72509	4	1 container	48/4 oz	280	13	130	32	9	1 yr	N	✓			✓
HORMEL VITAL CUISINE® Instant Custard Mix															
Instant Custard Mix	48167		3 Tbsp	6/32 oz	100	0	140	20	5	2 yr	Ⓢ-D				✓
Reduced Calorie Instant Custard Mix	29929		3 Tbsp	6/24 oz	70	0.5	140	11	6	2 yr	Ⓢ-D				✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

NUTRITIONAL SUPPLEMENTS AND DRINKS

HORMEL VITAL CUISINE® MIGHTYSHAKES® Nutritional Shakes are a creamy and delicious milkshake offering patients or residents extra calories and protein.

FEATURES:

- Creamy milkshake taste
- Available in Reduced Sugar
- Available in Honey Thick Reduced Sugar

BENEFITS:

- Great dietary intervention for unintended weight loss
- Taste may promote consumption and enjoyment
- Multiple varieties prevent flavor fatigue



HORMEL VITAL CUISINE® GREAT SHAKE™ PLUS Nutritional Soy Supplements are a creamy delicious shake that deliver calories and protein without lactose.

FEATURES:

- Formulated with high quality plant protein
- Lactose free
- 2 tasty varieties
- Thaw and serve



NUTRITIONAL JUICE DRINKS

HORMEL VITAL CUISINE® Nutritious Juice Drinks are the perfect way to increase calories and protein in a clear liquid diet. This fat free fruit flavored beverage offers a refreshing alternative to our popular dairy based shakes.



Product Information

FROZEN	Item Number	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HORMEL VITAL CUISINE® MIGHTYSHAKES® Nutritional Shake														
Vanilla	12976	4 fl oz	75/4 fl oz	220	7	100	33	6	15 mo	Ⓢ-D				✓
Chocolate	26337	4 fl oz	75/4 fl oz	220	7	100	33	6	15 mo	Ⓢ-D				✓
Strawberry	43217	4 fl oz	75/4 fl oz	220	7	100	33	6	15 mo	Ⓢ-D				✓
Orange Creme	14383	4 fl oz	75/4 fl oz	220	7	100	33	6	15 mo	Ⓢ-D				✓
Vanilla	12535	6 fl oz	50/6 fl oz	330	10	150	50	9	15 mo	Ⓢ-D				✓
Chocolate	25938	6 fl oz	50/6 fl oz	330	10	150	50	9	15 mo	Ⓢ-D				✓
Strawberry	42873	6 fl oz	50/6 fl oz	330	10	150	50	9	15 mo	Ⓢ-D				✓
Reduced Sugar – Vanilla	32801	4 fl oz	50/4 fl oz	200	10	140	20	7	15 mo	Ⓢ-D				✓
Reduced Sugar – Chocolate	72501	4 fl oz	50/4 fl oz	200	10	110	20	7	15 mo	Ⓢ-D				✓
Reduced Sugar – Strawberry/Banana	43479	4 fl oz	50/4 fl oz	200	10	110	20	7	15 mo	Ⓢ-D				✓
Reduced Sugar – Vanilla	15845	6 fl oz	50/6 fl oz	300	15	210	30	11	15 mo	Ⓢ-D				✓
Reduced Sugar – Strawberry	17237	6 fl oz	50/6 fl oz	300	15	190	30	11	15 mo	Ⓢ-D				✓
Reduced Sugar – Honey Consistency - Vanilla	45475	4 fl oz	50/4 fl oz	200	10	120	21	7	15 mo	Ⓢ-D				✓
HORMEL VITAL CUISINE® Nutritious Juice Drinks														
Nutritious Juice Drink - Orange	16784	6 fl oz	50/6 oz	200	0	70	43	6	15 mo	Ⓢ-D	✓			✓
Nutritious Juice Drink - Apple/Cranberry	37331	6 fl oz	50/6 oz	200	0	50	43	6	15 mo	Ⓢ-D	✓			✓
Nutritious Juice Drink - White Grape	17909	6 fl oz	50/6 oz	200	0	50	44	6	15 mo	Ⓢ-D	✓			✓
HORMEL VITAL CUISINE® GREAT SHAKE™ PLUS Nutritional Soy Supplement														
Nutritional Soy Shake - Vanilla	14525	4 fl oz	50/4 fl oz	240	13	130	23	8	15 m	Ⓢ-D	✓		✓	✓
Nutritional Soy Shake - Chocolate	28009	4 fl oz	50/4 fl oz	240	13	130	23	8	15 m	Ⓢ-D	✓		✓	✓

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for MODIFIED DIETS

HERB-OX® BROTHS

HERB-OX® Broth packets are widely recognized as the leading brand of instant broth in healthcare. **HERB-OX®** products are the perfect hydration alternative. Convenient single serve packets make a flavorful cup of broth. Suitable for clear liquid diets, **HERB-OX®** products can be placed on the serving tray as it is delivered to the patient's room. A functional dispenser carton also allows for nursing stations to keep **HERB-OX®** products on hand for use throughout the day.



DIETETIC CONDIMENTS

MENU MAGIC® Dietetic Condiments are an easy way to liven up modified diets. This high quality line of condiments is low in calories, fat, sodium and sugars. Each portion is packaged with easy to open cups and pouches.

FEATURES:

- Low in calories, fat, sodium and sugars
- Individual serving size

BENEFITS:

- Perfect for numerous modified diets, including diabetic, weight loss, and sodium restricted.
- Individual serving size ensures controlled intakes as well as costs.



REDUCED CALORIE DESSERTS

HORMEL VITAL CUISINE® Reduced Calorie Instant Custard Mix is tasty enough to be served to all residents and fulfill the diet requirement for your low calorie, diabetic and fat restricted diets.

FEATURES:

- Convenient just add water mixing directions
- Great tasting

BENEFITS:

- Offers an additional dessert variety
- Eases menu planning



Product Information

SHELF STABLE	Item Number	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HERB-OX® Broths														
Beef Broth Packets	35188	1 packet	6/50 pkt	5	0	1040	1	0	3 yr	N	✓			
Chicken Broth Packets	34793	1 packet	6/50 pkt	5	0	1100	1	0	3 yr	N	✓			
Vegetable Broth Packets	35562	1 packet	6/50 pkt	5	0	960	1	0	3 yr	N	✓			
Sodium Free Beef Broth Packets	23371	1 packet	6/50 pkt	10	0	0	2	0	3 yr	N	✓			
Sodium Free Chicken Broth Packets	36087	1 packet	6/50 pkt	10	0	0	2	0	3 yr	N	✓			
Beef Bouillon Cube	42010	1 cube	12/25 ct	5	0	960	1	0	18 mo	N	✓			
Chicken Bouillon Cube	42011	1 cube	12/25 ct	5	0	1020	1	0	18 mo	N	✓			
Vegetable Bouillon Cube	42012	1 cube	12/25 ct	5	0	960	1	0	18 mo	N	✓			
MENU MAGIC® Dietetic Condiments														
Sugar Free Maple Flavor Syrup	04179	1 package	100/28g	0	0	60	0	0	6 mo	Ⓢ				
Fat Free, Low Sodium Italian Dressing	13362	1 package	200/12g	5	0	20	1	0	6 mo	Ⓢ				
Fat Free, Low Sodium French Dressing	42526	1 package	200/12g	15	0	20	4	0	6 mo	Ⓢ				
Reduced Calorie Assorted Jellies (Mixed Fruit, Apple, Grape)	30116	1 package	200/11g	10	0	0	2	0	6 mo	Ⓢ				
HORMEL VITAL CUISINE® Instant Custard Mix														
Reduced Calorie Instant Custard Mix	29929	3 Tbsp	6/24 oz	70	0.5	140	11	6	2 yr	Ⓢ-D				✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Resources from Hormel Health Labs

CHECK OUT OUR RESOURCES CENTER!

Our experts, along with industry professionals tackle health concerns and provide tips, tricks and advice for managing health challenges in the kitchen.

VISIT: www.hormelhealthlabs.com/resources/

> IDDSI Competencies training



> Free continuing education & webinars!

PROFESSIONAL Training



IDDSI Competencies Training

An education series for professionals that develops and refines skills on multiple facets of the IDDSI diet.

[IDDSI Competencies Training](#)



In-Service Training Series: IDDSI Testing

Help in-service staff understand and adopt effective testing and analysis of food and liquids according to the IDDSI Framework.

[IDDSI Testing Series](#)

Guides and Training

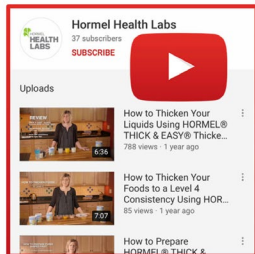


Professional Training

For professionals, we offer several resources, including webinars, video training and self-directed programs to develop awareness and understanding of modified texture food preparation and testing according to IDDSI standards.

[Professional Training Resources](#)

> Watch product preparation videos



Thick & Easy Product Training

These videos are here to help guide you through our Thick & Easy® product line.

[Watch Now](#)

> Check out recipes here!

OUR LATEST Recipes

All Recipes →



Cheeseburger and Bun

[Prepare](#)



Beef Hot Dog and Bun

[Prepare](#)



Pureed Egg Salad

[Prepare](#)

> IDDSI resources

The IDDSI Framework

Providing a common terminology for describing food textures and drink thicknesses to improve safety for individuals with swallowing difficulties.



IDDSI Resources

IDDSI.org plays a critical role by setting the world safety standards for texture modified diets through their The International Dysphagia Diet Standardisation Initiative (IDDSI).

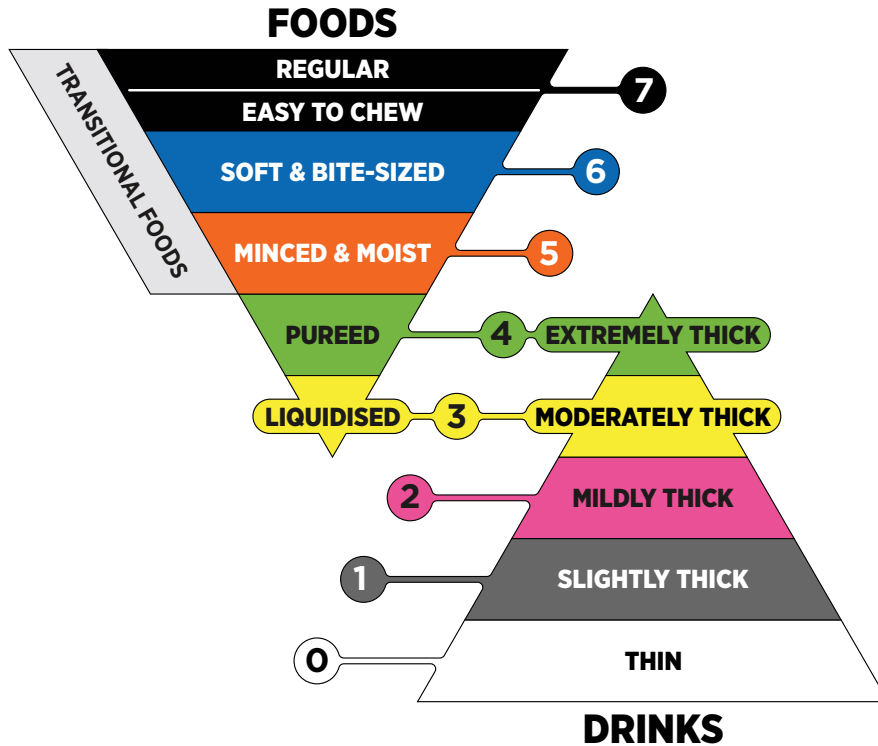
[IDDSI Resources](#)

SCAN HERE TO EXPLORE ALL OUR FREE RESOURCES



The IDDSI Framework

Providing a common terminology for describing food textures and drink thicknesses to improve safety for individuals with swallowing difficulties.



Food Test

4 PUREED	5 MINCED & MOIST	6 SOFT & BITE SIZED	EC 7 EASY TO CHEW

Flow Test

IDDSI level depends on liquid remaining after 10 seconds flow.

Level 4: Use IDDSI fork-drip + spoon-tilt tests
Level 3: Use IDDSI flow + fork-drip tests

1. Remove plunger
2. Cover nozzle with finger and fill 10ml
3. Release nozzle & start timer
4. Stop at 10 seconds

Check your syringe: 0-10 ml scale = 61.5mm

www.iddsi.org
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Derivative works extending beyond language translation are NOT PERMITTED.

Offering
HOME DELIVERED
THICK & EASY®
Purees



Offering
MAGIC CUP®
Variety
Packs
AVAILABLE ON OUR WEBSITE



Dining
with
Dignity™

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HEALTH LABS

Every effort has been made to ensure all product information is accurate at the time of publication. However, it is subject to change. The most current analysis can always be obtained by referring to the product label or by visiting our website.

IDDSI levels were evaluated in test kitchens and should be verified prior to serving. Not all items have been tested for IDDSI levels.

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FOR MORE INFO



FOR PRODUCT SUPPORT & BROCHURES:

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TO ORDER FOR HOME USE:

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