



*Nourishment
when you
need it most™*

 **HORMEL**
HEALTH LABS



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At Hormel Health Labs we are inspired by contributing to the joy and well-being of our aging population through delicious, nutritious food products.

Our dysphagia products allow individuals with swallowing difficulties to enjoy their favorite foods and beverages.

In addition, we have several nourishing options designed to add extra calories and protein to the diets of those who are unable to consume adequate food.



*Bridging the
Gap between
Function and
Flavor™*

for SWALLOWING DIFFICULTY

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for IMPROVED NUTRITION

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THICKENERS

Hormel THICK & EASY® Food Thickeners are now available in two formulas.

Our **THICK & EASY® Instant Food & Beverage Thickeners** have been trusted by healthcare facilities for over 25 years. This product, produced from a modified corn starch, is routinely tested to assure it offers industry leading quality and performance in every serving. **THICK & EASY® Instant Food & Beverage Thickener** is available in several packaging styles ranging from a 2kg bulk container to pre-portioned packets, designed for specific beverage consistencies.

THICK & EASY® Clear Instant Food & Beverage Thickener is a xanthan gum based thickener. The thickener was developed to improve the clarity and visual appeal of thickened liquids but, is also great for foods. **THICK & EASY® Clear** has very little color or flavor allowing foods to keep their natural flavors and aromas while being safer to eat for those with dysphagia.

THICK & EASY® Clear Thickened Coffee & Tea powders enhance the daily lives of your dysphagia patients with a rich cup of coffee or a premium cup of tea. It's easy to prepare by just adding hot water to provide an everyday pleasure with a meal or any time of day.

Product Information

SHELF STABLE	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Instant Food & Beverage Thickener																
Clear Instant Food & Beverage Thickener	-	72448	12/126 g	1.4 g	5	0 g	0 g	1 g	20 mg	0 mg	Ⓢ	3 yr	✓	-	✓	-
Clear Instant Food & Beverage Thickener	-	72456	1/1.81 kg	1.4 g	5	0 g	0 g	1 g	20 mg	0 mg	Ⓢ	3 yr	✓	-	✓	-
Clear Sticks	2	72451	100/1.4 g	1.4 g	5	0 g	0 g	1 g	25 mg	0 mg	Ⓢ	3 yr	✓	-	✓	-
Clear Sticks	3	72453	100/3.2g	3.2 g	5	0 g	0 g	2 g	25 mg	0 mg	Ⓢ	3 yr	✓	-	✓	-
Instant Food & Beverage Thickener	-	39964	2/1.13 kg	4.5 g	16	0 g	0 g	4 g	10 mg	10.14 mg	Ⓢ	5 yr	✓	-	✓	-
Instant Food & Beverage Thickener	-	30382	1/2kg	4.5 g	15	0 g	0 g	4 g	10 mg	10.14 mg	Ⓢ	5 yr	✓	-	✓	-
Instant Food & Beverage Thickener Packets	3	130495	100/6.5g	6.5 g	20	0 g	0 g	5 g	15 mg	0 mg	Ⓢ	5 yr	✓	-	✓	-
THICK & EASY® Thickened Beverages - Dry Mixes																
Clear Thickened Coffee Powder Sticks	2	86305	72/5g	5 g	15	0 g	0 g	3 g	80 mg	0 mg	Ⓢ	3 yr	✓	-	-	-
Clear Thickened Coffee Powder Sticks	3	86306	72/7g	7 g	20	0 g	0 g	5 g	100 mg	0 mg	Ⓢ	3 yr	✓	-	-	-
Clear Thickened Tea Mix Sticks	2	81330	72/5.2g	5.2 g	15	0 g	0 g	4 g	60 mg	190 mg	Ⓢ	3 yr	✓	-	-	-
Clear Thickened Tea Mix Sticks	3	81332	72/7.2g	7.2 g	20	0 g	0 g	5 g	100 mg	190 mg	Ⓢ	3 yr	✓	-	-	-

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Ingredients

Clear Instant Food & Beverage Thickener: Maltodextrin, Xanthan Gum, Carrageenan, Erythritol.

Instant Food & Beverage Thickener: Modified Cornstarch, Maltodextrin.

Clear Thickened Coffee Powder: Decaffeinated Coffee, Thickener (Maltodextrin, Xanthan Gum, Carrageenan, Erythritol, Propylene Glycol).

Clear Thickened Tea Mix: Thickener (Maltodextrin, Xanthan Gum, Carrageenan, Erythritol), Decaffeinated Tea, Propylene Glycol.





for SWALLOWING DIFFICULTY

THICKENED BEVERAGES – READY TO SERVE

THICK & EASY® CLEAR thickened beverage are thickened using xanthan gum. This allows for superior fruit juice flavor and appearance while delivering reliable product consistency.

FEATURES:







- Appealing taste & appearance
- Available in two consistencies;
(IDDSI  Level Mildly Thick)
(IDDSI  Level Moderately Thick)
- NO High Fructose Corn Syrup

BENEFITS:

- A dignified option for those with swallowing difficulty
- A refreshing drinking experience
- A time saver for care providers
- Assurance that the liquids are thickened correctly every time
- Reduced carbohydrates compared to other thickened beverages



Product Information

SHELF STABLE	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® CLEAR Thickened Beverages																
Apple Juice		131234	6/1.36 L	236 ml	120	1.5 g	0 g	27g	1.5 g	0 mg	Ⓢ	1 yr	-	-	-	-
Apple Juice		131229	6/1.36 L	236 ml	110	1.5 g	0 g	25g	1.5 g	0 mg	Ⓢ	1 yr	-	-	-	-
Orange Juice		131230	6/1.36 L	236 ml	110	0g	1g	27g	0g	190 mg	Ⓢ	1 yr	-	-	-	-
Orange Juice		131235	6/1.36 L	236 ml	110	0g	1g	27g	0g	190 mg	Ⓢ	1 yr	-	-	-	-
Cranberry Juice Cocktail		131232	6/1.36 L	236 ml	120	.5 g	0g	27g	.5 g	0 mg	Ⓢ	1 yr	-	-	-	-
Cranberry Juice Cocktail		131231	6/1.36 L	236 ml	100	.5 g	0g	25g	.5 g	0 mg	Ⓢ	1 yr	-	-	-	-

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Ingredients

Thickened Apple Juice: Apple Juice from Concentrate (Water, Concentrated Apple Juice), Xanthan Gum, Ascorbic Acid, Malic Acid.

Thickened Orange Juice: Orange Juice from Concentrate (Water, Concentrated Orange Juice), Xanthan Gum, Natural Flavour, Ascorbic Acid, Citric Acid.



Thickened Cranberry Juice Cocktail: Water, Sugar, Cranberry Juice from Concentrate (Water, Concentrated Cranberry Juice), Xanthan Gum, Citric Acid, Natural and Artificial Flavours, Ascorbic Acid, Allura red, Brilliant Blue FCF.

for SWALLOWING DIFFICULTY

THICKENED DAIRY – READY TO SERVE

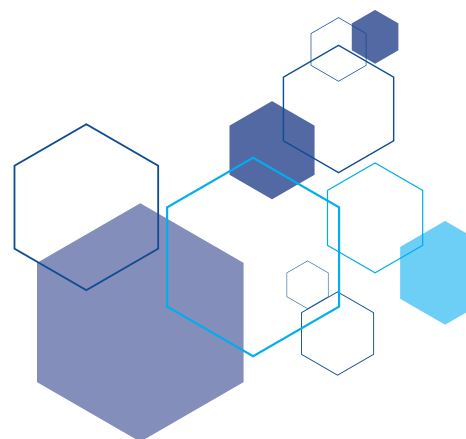
THICK & EASY® Thickened Dairy Beverage is made with partly skimmed milk which has that “real dairy” taste because it is packaged fresh. The thickened dairy products provide the same nutritional benefits as regular milk. Thickening dairy-based products can be difficult. Even well trained staff can be challenged to get a smooth mixture with the proper viscosity. Our thickened milk allows you to provide a high-quality, consistent beverage every time.

FEATURES:



- Eliminates measuring and mixing - just chill and serve
- Thickened consistencies formulated to meet IDDSI standards.
- Available in two consistencies;
(IDDSI  Level Mildly Thick)
(IDDSI  Level Moderately Thick)

BENEFITS:

- Reliable consistency with every serving
- Eliminates waste - no mixing errors or problems
- Saves labor and time



Product Information

SHELF STABLE	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Thickened Dairy Beverages																
Thickened Dairy		84112	27/236 ml	236 ml	160	5 g	8 g	23g	210 mg	0 mg	Ⓢ	15 mo	-	-	-	✓
Thickened Dairy		84113	27/236 ml	236 ml	170	4 g	8 g	26 g	240 mg	0 mg	Ⓢ	15 mo	-	-	-	✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Ingredients

Thickened Dairy: Partly skimmed milk, sugar, modified tapioca starch, xanthan gum, skim milk powder, sodium phosphates, sodium citrate, carrageenan, locust bean gum.

*Reliable
consistency
with every
serving*



PROTEIN & CALORIE SNACKS

MAGIC CUP™ Dessert is a protein and calorie dense supplement designed to delight patients or residents with it's creamy flavor. MAGIC CUP® is ideal for dysphagia diets as an ice cream when frozen and IDDSI level 4 5 6 when served chilled.

FEATURES:

- Suitable for dysphagia diets
- Nutritionally dense

BENEFITS:

- Adds variety to supplement rotation
- Serve at meals for added calories and protein
- Ideal to serve with meals as a dignified intervention for unintended weight loss.



Product Information

FROZEN	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
MAGIC CUP™ Dessert																
Vanilla	4 5 6	80394	48/118 ml	118 ml	290	11 g	9 g	38 g	140 mg	200 mg	No	1 yr	✓	-	-	✓
Wild Berry	4 5 6	80395	48/118 ml	118 ml	290	11 g	9 g	38 g	140 mg	200 mg	No	1 yr	✓	-	-	✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Ingredients

Vanilla Dessert: Update Ingredient List: Ingredients: Skim milk, Sugars (glucose-fructose, maltodextrin), Water, Palm oil, Milk protein concentrate, Thickening blend (modified cornstarch, gelatin, mono and diglycerides, polysorbate 80, carrageenan, cellulose gum, xanthan gum), Natural and artificial flavours, Tricalcium phosphate, Lactase, Whey protein concentrate. Contains: Milk.

Wild Berry Dessert: Skim milk, Sugars (glucose-fructose, maltodextrin, beet juice blend [beet juice, water, citric acid, potassium sorbate]), Water, Palm oil, Milk protein concentrate, Thickening blend (modified cornstarch, gelatin, mono and diglycerides, polysorbate 80, carrageenan, cellulose gum, xanthan gum), Natural and artificial flavours, Tricalcium phosphate, Lactase, Whey protein concentrate. Contains: Milk.

for IMPROVED NUTRITION

DRINKS WITH PROTEIN

HORMEL VITAL CUISINE™ Nutritional Juice Drink with protein is a high-calorie, high protein supplement designed to improve the nutritional value of clear liquid diets. The fat free fruit flavored beverage offers a refreshing alternative to dairy based supplements.

HORMEL VITAL CUISINE™ 500 Shake is a creamy delicious nutritional shake. It meets IDDSI Level **2** when served refrigerated. Ideal for serving individuals needing more calories or protein in their diet due to poor appetite or illness.

INSTANT WHEY PROTEIN SUPPLEMENT

VITAL CUISINE® PROPASS® Whey Protein Supplement Powder disperses easily and enhances the protein content of the food and beverage without changing the taste. A good source of protein in every serving. It is both a convenient and versatile way to achieve target protein requirements

FEATURES:

- 6 grams of high-quality protein per 8 gram serving
- 30 calories per 8 gram serving
- 26 servings/scoops per canister



Product Information

SHELF STABLE	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HORMEL VITAL CUISINE™ Nutritional Juice Drink																
White Grape Drink with Protein	-	17909	50/177 ml	177 ml	200	0 g	6 g	44 g	50 mg	0 mg	Ⓢ	15 mo	✓	-	-	✓
Orange Drink with Protein	-	16784	50/177 ml	177 ml	200	0 g	6 g	43 g	70 mg	0 mg	Ⓢ	15 mo	✓	-	-	✓
Apple Cranberry Drink with Protein	-	86322	50/177 ml	177 ml	200	0 g	6 g	43 g	50 mg	0 mg	Ⓢ	15 mo	✓	-	-	✓
SHELF STABLE	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HORMEL VITAL CUISINE™ 500 Shakes																
Vanilla	2	131909	27/8.45 oz	8.45 oz	520	22 g	22 g	59 g	380 mg	380 mg	Ⓢ-D	18 mo	-	-	-	✓
Chocolate	2	72502	27/8.45 oz	8.45 oz	520	21 g	22 g	60 g	380 mg	280 mg	Ⓢ-D	18 mo	-	-	-	✓
HORMEL VITAL CUISINE® PROPASS® Protein Supplement																
Whey Protein Supplement	-	13126	4/7.5 oz	8g	35	0.5 g	6 g	20 g	15 mg	35 mg	KD	2 yr	✓	-	-	✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Ingredients

White Grape Drink with Protein: Water, reconstituted white grape juice (water, white grape juice concentrate), glucose-fructose, sugar, whey protein isolate, citric acid, maltodextrin, ascorbic acid, phosphoric acid, calcium carbonate, natural and artificial flavours. Contains: Milk

Orange Drink with Protein: Water, orange juice from concentrate (water, concentrated orange juice), corn syrup, glucose-fructose, sugar, whey protein isolate, citric acid, calcium citrate, malic acid, ascorbic acid, gum arabic, xanthan gum, phosphoric acid, natural flavor, sodium benzoate, tartrazine, sunset yellow FCF. Contains: Milk

Apple Cranberry Drink with Protein: Water, corn syrup, apple and cranberry juice from concentrate (water, apple and cranberry juice concentrate), glucose-fructose, sugar, whey protein isolate, citric acid, calcium citrate, malic acid, ascorbic acid, xanthan gum, phosphoric acid, natural and artificial flavours, allura red, brilliant blue FCF. Contains: Milk

Vanilla Shake: Reduced Fat Milk, Water, Maltodextrin, Milk Protein Concentrate, Canola Oil, Sugar, Contains 2% or less of Stabilizer (Sodium Citrate, Sodium Phosphate, Sodium Hexametaphosphate, Ascorbic Acid, Carrageenan, Maltodextrin), Propylene Glycol, Soy Lecithin, Natural and Artificial Flavor, Ethyl Alcohol, Carrageenan, Ascorbic Acid, Modified Food Starch. Contains: Milk, Soy.

Chocolate Shake: Reduced Fat Milk, Water, Maltodextrin, Milk Protein Concentrate, Canola Oil, Sugar, Contains 2% or less of Cocoa Powder Processed with Alkali, Stabilizer (Sodium Citrate, Sodium Phosphate, Sodium Hexametaphosphate, Ascorbic Acid, Carrageenan, Maltodextrin), Propylene Glycol, Soy Lecithin, Xanthan Gum, Ethyl Alcohol, Natural and Artificial Flavor, Ascorbic Acid, Gellan Gum, Carrageenan, Modified Food Starch. Contains: Milk, Soy.

Whey Protein Supplement: Whey Protein Concentrate, Soy Lecithin. Contains: Milk, Soy.

NEW ITEMS COMING TO MARKET

THICK & EASY™ SHAPED PUREED BREAKFAST SELECTIONS

Make breakfast easy and enjoyable again for those with dysphagia with our **THICK & EASY™ Shape Pureed Waffle and Pancake**. Our shaped breakfast items offer a classy, dignified plate appearance, and are developed by Chef's who understand dysphagia and focus on taste, while adhering to patients needing a **IDDSI level 4** diet.

THICK & EASY™ TEXTURE MODIFIED BREAD & DESSERT MIX

Finally a bread mix that allows you to confidently serve a variety of great food, while adhering to the diets of patients requiring IDDSI levels **4 5 6**. Whether you wish to serve bread, cake, cookies, or biscuits, you can count on **THICK & EASY™ Texture Modified Bread and Dessert Mix** to deliver taste and nutrition for your patients and peace of mind for you.

THICK & EASY™ INSTANTIZED RICE PUREED MIX

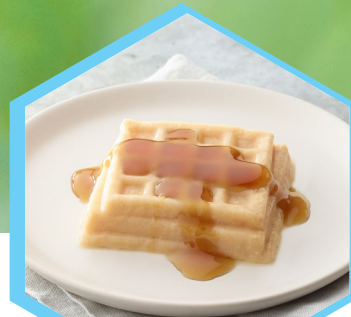
When it comes to IDDSI level diets, we understand the starches can be a challenge to prepare. Our **THICK & EASY™ Instantized rice** pureed mix provides a convenient and simple way to give this staple item to your patients.

HORMEL® VITAL CUISINE™ GREAT SHAKE™ PLUS SOY SHAKES

Great Shake™ Plus Soy protein shakes are an affordable method of adding dietary protein and calories. **Great Shake™ Plus Soy shakes** use a soy-based lactose-free formula, with tasty chocolate and vanilla varieties. Just conveniently thaw and serve.

HORMEL® VITAL CUISINE™ MIGHTYSHAKES™

MightShakes™ are a great option for adding dietary calories and protein. Available in 4 and 6 ounce servings and comes in original and Reduced Sugar options.



Product Information

FROZEN	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Shaped Pureed Breakfast																
Shaped Pureed Waffle	4	72473	24/2.5 oz	each	100	3	5	13	210		N	1 yr	✓		✓	✓
Shaped Pureed Pancakes	4	72476	24/2.5 oz	each	110	3	7	13	270		N	1 yr	✓		✓	✓
SHELF STABLE	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Shaped Pureed Side Dishes																
Texture Modified Bread & Dessert Mix	4 5 6	118519	12/10.6	2 tbsp	60	0.5	2	13	70		Ⓢ-D Halal	3 yr	✓		✓	✓
Instantized Rice (as prepared)		73821	1/5 lb	1 Tbsp	110	4	1	16	55		K Parve	3 yr				✓
FROZEN	IDDSI Level	Item Code	Pack Size	Serving Size	Calories	Fat	Protein	CHO	Sodium	Potas.	Kosher	Shelf Life	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HORMEL VITAL CUISINE® Nutritional Drinks																
GREAT SHAKE™ Nutritional Soy Shake - Vanilla		14525	50/4 fl oz	4 fl oz	240	13	8	23	130		Ⓢ-D	15 m	✓		✓	✓
MIGHTYSHAKES™ Nutritional Shake - Vanilla		12976	75/4 fl oz	4 fl oz	220	7	6	33	100		Ⓢ-D	15 mo		✓		✓

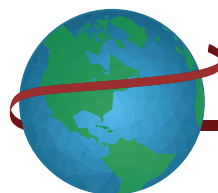
*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.



Every effort has been made to ensure all product information is accurate at the time of publication. However, it is subject to change. The most current analysis can always be obtained by referring to the product label or by visiting our website.

IDDSI levels were evaluated in test kitchens and should be verified prior to serving.

PROUD SUPPORTER OF



IDDSI

International Dysphagia Diet
Standardisation Initiative

PLATINUM SPONSOR

For more information visit: IDDSI.org



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