MULTI MIX[™] **Instant Pudding**



INGREDIENTS

	5 Servings	Estimated
MULTI MIX™ Item: 19823	1 cup	Calories: 26
Whole Milk	2 cups	Fat: 4g Protein: 14g
Instant Pudding Mix	2/3 cup	Cholesterol:
	••••••	Carbs: 44g

NUTRITION

lories: 263 t: 4g otein: 14g

olesterol: 15mg arbs: 44g

Sodium: 323g Potassium: 489mg

DIRECTIONS

- 1. Pour milk into large bowl.
- 2. Add **MULTI MIX**™ and stir with a wire whip until dissolved
- 3. Add pudding mix and blend with a wire whip for two minutes (or blend with a mixer on low speed one-two minutes).
- 4. Allow pudding to stand two minutes before serving.