


**THICK
& EASY**

Cranberry Cinnamon Whiskey Sour





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IDDSI LEVELS **2**



INGREDIENTS

	1 Serving	6 Servings	12 Servings
THICK & EASY® Thickened Cranberry Juice Nectar (Level 2), chilled Item: 39705 or 15813	½ cup	3 cups	1½ quarts
THICK & EASY® Thickened Orange Juice Nectar (Level 2), chilled Item: 42161 or 49144	1Tbsp	¾ cup	1 ½ cups
Jellied Cranberry Sauce	1 Tbsp	1/3 cup + 1 Tbsp	¾ cup
Cinnamon	½ tsp	1 Tbsp	2 Tbsp
Lemon juice	2 Tbsp	¾ cup	1½ cups
Lime juice	½ Tbsp	3 Tbsp	1/3 cup + 1 Tbsp
Bourbon or Whiskey*	1½ oz (about 3 Tbsp)	9 oz (1 cup + 2 Tbsp)	18 oz (2¼ cups)
THICK & EASY® Clear Instant Food & Beverage Thickener Item: 25544	2 scoops	9 scoops	18 scoops
Thickened Ice Cubes** (optional)	As desired	As desired	As desired

* For non-alcoholic beverage, omit whiskey and reduce amount of **THICK & EASY® Clear Instant Food & Beverage Thickener** used.

NUTRITION

Serving Size: ~8fl oz.
Calori es: 220
Total Fat: 0g
Saturated Fat: 0g
Trans Fat: 0g
Cholesterol: 0mg
Sodium: 60mg
Total Carbs: 32g
Dietary Fiber: <1g
Total Sugars: 20g
Added Sugars: 0g
Protein: 0g
Vitamin D: 0% DV
Calcium: 0% DV
Iron: 0% DV
Potassium: 0% DV

DIRECTIONS

- Combine the **THICK & EASY® Thickened Cranberry Juice**, Thickened Orange Juice, jellied cranberry sauce, and cinnamon in a blender and mix until smooth.
- Combine the lemon juice, lime juice and whiskey or bourbon in a separate glass.
- Add **THICK & EASY® Clear Instant Food & Beverage Thickener** and stir briskly until well blended. Allow to rest for a few minutes to thicken.
- Add the blended thickened cranberry juice mixture and stir well.
- Pour beverage into a cinnamon rimmed glass and add up to three thickened ice cubes per serving, if desired.

RECIPE NOTE

Honey (Level 3) consistency of **THICK & EASY® Thickened Juices** can be used in place of Nectar (Level 2) consistency. Adjust **THICK & EASY® Clear Instant Food & Beverage Thickener** for Honey (Level 3) consistency, as needed.

**HOW TO MAKE FROZEN THICKENED ICE CUBES

Thicken water to the desired consistency (Level 2 or 3) with **THICK & EASY® Clear Instant Food & Beverage Thickener** or use pre-thickened **THICK & EASY® Thickened Water**, (Level 2 or Level 3). Pour into ice cube trays and freeze.