

# Pureed Peanut Butter Cookies



HEALTH LABS
NOURISHMENT WHEN YOU NEED IT MOST®



## **Pureed Peanut Butter Cookies**











### **INGREDIENTS**

	1 Serving	8 Servings	16 Servings
Peanut butter, creamy	2 tsp	6 Tbsp	3/4 cup
Butter, softened	1/2 tsp	1 Tbsp + 1 tsp	2 Tbsp + 2 tsp
Powdered sugar	1 tsp	2 Tbsp + 2 tsp	1/3 cup
THICK & EASY® Pureed Bread & Dessert Mix Item: 48862	1 1/2 Tbsp	3/4 cup	1 1/2 cups
Vegetable oil	3/4 tsp	2 Tbsp	1/4 cup
Water, hot	2 Tbsp	1 cup	2 cups
Vanilla extract	1 drop	1/4 tsp	1/2 tsp
Fudge topping	1 tsp (1/2 tsp per cookie)	2 Tbsp + 2 tsp (1/2 tsp per cookie)	1/3 cup (1/2 tsp per cookie)

### **DIRECTIONS**

- 1. Combine vegetable oil and THICK & EASY® Pureed Bread & Dessert Mix in a bowl. Stir until mixture resembles wet sand.
- 2. Add vanilla extract to hot water and add to bread mix, stirring briskly until mixture starts to thicken.
- 3. Cover and chill or let sit at room temperature until mixture is cooled.
- 4. Cream together peanut butter, softened butter and powdered sugar until well mixed.
- 5. Add to cooled bread mixture and blend until thoroughly combined (about 30 seconds). (An electric mixer works well for this step.)
- 6. Portion into balls using #40 scoop.
- 7. Flatten and top each cookie with 1/2 tsp fudge topping.
- 8. Portion 2 cookies per serving.

Serving Option: For plain peanut butter cookies, omit fudge topping and flatten cookies with a fork, making a crisscross pattern.

#### **NUTRITION**

Serving Size: 2 cookies (about two #40 scoops per serving))

Calories: 160 Total Fat: 11g Saturated Fat: 2.5g

Trans Fat: Og Cholesterol: 5mg Sodium: 115mg Total Carbs 14g Dietary Fiber: <1g Total Sugars: 5g Added Sugars: 2g Protein: 4g

Iron: 0% DV Potassium: 0% DV Vitamin D: 0% DV

Calcium: 0% DV

