# THICK & EASY. CARAMEL APPLE FLOAT

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## CARAMEL APPLE FLOAT

### IDDSI LEVELS A OR 3



#### NUTRITION

Serving Size: ~ 12 fl oz
Calories: 460
Total Fat: 11g
Saturated Fat: 6g
Trans Fat: Og
Cholesterol: <5mg
Sodium: 220mg
Total Carbs: 81g
Dietary Fiber: Og
Total Sugars: 62g
Added Sugars: 11g
Protein: 9g
Vitamin D: 0% DV
Calcium: 10% DV
Iron: 15% DV
Potassium: 10% DV

### **INGREDIENTS**

	<b>1 Serving</b>	<b>6 Servings</b>	<b>12 Servings</b>
THICK & EASY® Clear Instant Food & Beverage Thickener Item: 17938	1 scoop	6 scoops	12 scoops
<b>THICK &amp; EASY® Thickened Apple Juice</b> Nectar (Level 2) , chilled Item: 41530	1 - 4 fl. oz container (1/2 cup)	6 - 4 fl. oz containers (3 cups)	12 - 4 fl. oz containers (6 cups)
MAGIC CUP ® Dessert, Vanilla, thawed   Item: #19850	1 - 4 oz container	6 - 4 oz containers	12 - 4 oz containers
Lemon-Lime Soda	4 fl. oz (1/2 cup)	24 fl. oz (3 cups)	48 fl. oz (1½ quarts)
Caramel syrup	2 tsp per glass	2 tsp per glass	2 tsp per glass



- 1. Pour lemon-lime soda into a large glass or container for mixing. (Note: soda will foam when mixing)
- 2. Add THICK & EASY® Clear Instant Food & Beverage Thickener and stir briskly until dissolved.
- 3. Add THICK & EASY® Thickened Apple Juice to thickened soda and stir to combine ingredients.
- 4. Spoon the thawed MAGIC CUP <sup>®</sup> on top of juice mixture.
- 5. Garnish with caramel syrup. (about 2 tsp per serving)
- 6. Serve chilled.

For Honey (Level 3) consistency: Use **THICK & EASY**<sup>®</sup> **Thickened Apple Juice Honey (Level 3)** (#12687) in place of Nectar (Level 2) Apple Juice and double the quantity of **THICK & EASY**<sup>®</sup> **Clear Instant Food & Beverage Thickener** listed to thicken lemon-lime soda.

\*Nutrition was calculated for Nectar (Level 2) consistency and includes caramel syrup garnish.



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