

## CHECK OUT these Recipes





**Pureed Lava Cake** 

IDDSI LEVELS 4 5 6 7









**Cranberry Pear Tart** 

IDDSI LEVELS 4 5 6 7











**Strawberry Shortcake** 

IDDSI LEVELS 4 5 6 7









**Thickened Very Berry Shake** 

IDDSI LEVELS 2 3







**Chocolate Cake** 

IDDSI LEVELS 4 5 6







Vanilla Cake

IDDSI LEVELS 4 5 6







\*All recipes should be tested for the appropriate IDDSI level.

## ITEMS TO HELP your meal plan

Description	Item#	IDDSI Level	Serving Size	Case Pack
THICK & EASY® Texture Modified Bread & Dessert Mix	118519	4 5 6	2 tbsp	12/10.6
THICK & EASY® Thickened Cranberry Juice Cocktail - Nectar	15813	2	8 fl oz	6/46 fl oz
THICK & EASY® Thickened Cranberry Juice Cocktail - Honey	48030	8	8 fl oz	6/46 fl oz
THICK & EASY® Thickened Cranberry Juice Cocktail - Nectar	39705	2	4 fl oz	24/4 fl oz
THICK & EASY® Thickened Cranberry Juice Cocktail - Honey	20160	3	4 fl oz	24/4 fl oz
THICK & EASY® Shaped Pureed Pears	27605	4	2.5 oz	24/2.5 oz
THICK & EASY® Shaped Pureed Mixed Berries	13883	4	2.5 oz	24/2.5 oz
THICK & EASY® Thickened Dairy - Nectar	73625	2	8 fl oz	8/32 fl oz
MAGIC CUP® Wild Berry Dessert	44180	4	4 oz	48/4 oz

