

IDDSI and Dysphagia General Knowledge Quiz

Take the quiz and then give your answers to your supervisor and discuss any questions you did not understand.

1. What is Dysphagia? (Check all that apply.)
 - a. ____ Difficulty getting food from the plate to the mouth
 - b. ____ Difficulty swallowing with uncomfortable sensation or blockage
 - c. ____ Difficulty cutting food into bite sized pieces
 - d. ____ Difficulty with tongue control
2. True or false – Aspiration means that food, liquid or saliva has entered the respiratory tract.
 - a. True
 - b. False
3. Which of the following are signs and symptoms of dysphagia? Check all that apply.
 - a. ____ Coughing or clearing of throat
 - b. ____ Food residue in mouth after swallowing
 - c. ____ Loss of liquids out of the mouth
 - d. ____ Dislikes for certain foods
 - e. ____ Difficulty chewing or moving food around mouth
 - f. ____ Difficulty holding food in mouth and initiating a swallow
 - g. ____ Complaints of being tired
 - h. ____ Wet or gurgly voice after swallow
4. True or False – All residents with dysphagia/swallowing difficulty will benefit from altered texture diets and thickened liquids.
 - a. True
 - b. False
5. What is the current standard for the treatment of Dysphagia through mechanically altered diets and thickened liquids?

Score: ____ / 5: ____%