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At Hormel Health Labs we are inspired by contributing to the joy and well-being of our aging population through delicious, nutritious food products. Our dysphagia products allow individuals with swallowing difficulties to enjoy their favorite foods and beverages.

In addition, we have several nourishing options designed to add extra calories and protein to the diets of those who are not eating enough food.

We also provide many other quality products designed to help care providers meet the dietary needs of their residents and patients.

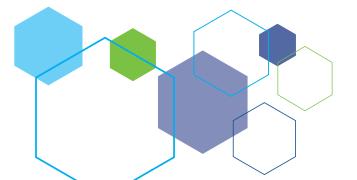
Bridging the Gap between Function and Flavor™





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# **THICKENERS**

Hormel THICK & EASY\* Food Thickeners are now available in 2 unique formulas.

Our THICK & EASY\* Food Thickeners have been used for over 25 years. This product, produced from a modified corn starch, is routinely tested to assure it offers industry leading quality and performance in every serving. Hormel THICK & EASY\* Instant Food & Beverage Thickener is available in several packaging styles ranging from a 25 pound box to pre-portioned packets, designed for specific beverage consistencies. It is also offered with vitamin and mineral fortification as THICK & EASY\* Plus.

THICK & EASY\* Clear Instant Food & Beverage Thickener is a xanthan gum based thickener. This thickener was developed to improve the clarity and visual appeal of thickened liquids but it is also great for foods. THICK & EASY\* Clear has very little color or flavor allowing foods to keep their natural flavors and aromas while being safer to eat for those with dysphasia.

**Shape & Serve\* Thickener** is an affordable way to offer great looking shaped pureed foods using foods on your current menu. Adding **Shape & Serve\* thickener** provides shape and texture to foods while enhancing the natural flavors. Shaping molds are available for a wide variety of foods so pureed diet plates look and taste fantastic.



# **Product Information**

	DDSI evel	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
THICK & EASY® Instant Food & Bever	rage Th	nickener												
Thickener Packets – Nectar	2	21929	1 packet	100/5.2g	100/5.2g	15	0	10	4	0	5 yr	OU	Y	Υ
Thickener Packets – Honey	3	20223	1 packet	100/6.5g	100/6.5g	25	0	15	6	0	5 yr	OU	Y	Υ
Thickener Canisters		17938†	4.5g	12/8 oz	600/4.5g	15	0	10	4	0	5 yr	OU	Y	Υ
Thickener Tubs		07941	4.5g	4/2.5 lb	1008/4.5g	15	0	10	4	0	5 yr	OU	Y	Υ
Thickener Box		20737	4.5g	1/15 lb	1512/4.5g	15	0	10	4	0	5 yr	OU	Y	Υ
Thickener Box		07925	4.5g	1/25 lb	2520/4.5g	15	0	10	4	0	5 yr	OU	Y	Υ
Thickener Plus Fortified		41228†	5.0g	12/8 oz	540/4.5g	20	0	10	5	0	5 yr	OU	Y	Υ
Shape & Serve® Thickener		21170†	-	2/4 lb	512/1T	25	0	30	4	1	3 yr	K Parve	N	Υ
Clear Thickener Canisters		25544†	1.4g	4/4.44 oz	360/1.4g	5	0	15	0	0	3 yr	OU	Y	Υ
Clear Thickener Packets – Nectar	2	72451	1.4g	100/1.4g	100/1.4g	5	0	15	1	0	3 yr	OU	Y	Υ
Clear Thickener Packets — Honey	3	72453	3.2g	100/3.2g	100/3.2g	5	0	25	2	0	3 yr	OU	Y	Υ
Clear Thickener Bulk		80256	1.4g	1/4 lb	1293/1.4g	5	0	0	1	0	3 yr	OU	Y	Υ
THICK & EASY® Thickened Beverage	s - Dry	Mixes												
Thickened Coffee – Nectar		31933	1 packet	75/12g	75/6 fl oz	45	0	30	11	0	3 yr	K Parve	Y	Υ
Thickened Coffee – Honey		41611	1 packet	75/12g	75/6 fl oz	45	0	30	11	0	3 yr	K Parve	Y	Υ
Thickened Tea — Nectar		22655	1 packet	75/12g	75/6 fl oz	45	0	25	11	0	3 yr	K Parve	Y	Υ
Thickened Tea — Honey		24328	1 packet	75/12g	75/6 fl oz	45	0	25	11	0	3 yr	K Parve	Υ	Υ
Clear Thickened Coffee Mix - Nectar @		81331	1 packet	72/5g	75/6 fl oz	15	0	80	3	0	3 yr	OU	Υ	Υ
Clear Thickened Coffee Mix - Honey @	D/3	81327	1 packet	72/7g	72/6 fl oz	20	0	100	5	0	3 yr	OU	Υ	Υ



Nourishment When You Need it Most



## **THICKENED BEVERAGES - READY TO SERVE**

Hormel Health Labs thickened juices and beverages are thickened using xanthan gum. This allows for best in class flavor and appearance while delivering reliable product consistency.

## **FEATURES:**

- Appealing taste & appearance
- Available in two consistencies; nectar consistency (IDDSI 🛕 Level Mildly Thick) and honey consistency (IDDSI **3** Level Moderately Thick)
- NO High Fructose Corn Syrup

## **BENEFITS:**

- A dignified option for those with modified swallowing abilities
- A refreshing drinking experience
- A time saver for care providers
- Assurance that the liquids are thickened correctly every time
- Reduced carbohydrates compared to other thickened beverages
- Diabetic options- Hydrolyte® Thickened Water and Thickened Sugar Free Peach Mango Drink



SHELF STABLE IDD Lev		ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
THICK & EASY® CLEAR Thickened Beve	erage	es - 46oz Re	ady to Serv	e										
Hydrolyte® Thickened Water – Nectar with a Hint of Lemon	<u> </u>	12863	12 fl oz	6/46 fl oz	36/12 fl oz	5	0	75	1	0	1 yr	OU	Υ	Υ
Hydrolyte® Thickened Water – Honey with a Hint of Lemon	3	27076	12 fl oz	6/46 fl oz	36/12 fl oz	5	0	150	3	0	1 yr	OU	Y	Y
Thickened Iced Tea — Nectar		28702	12 fl oz	6/46 fl oz	36/12 fl oz	150	0	90	36	0	1 yr	0U	Υ	Y
Thickened Iced Tea — Honey	3	45587	12 fl oz	6/46 fl oz	36/12 fl oz	150	0	130	36	0	1 yr	0U	Υ	Υ
Thickened Cranberry Juice Cocktail – Nectar		15813	8 fl oz	6/46 fl oz	36/8 fl oz	100	0.5	60	25	0	1 yr	0U	Υ	Υ
Thickened Cranberry Juice Cocktail – Honey	5	48030	8 fl oz	6/46 fl oz	36/8 fl oz	120	0.5	110	27	0	1 yr	0U	Υ	Υ
Thickened Apple Juice — Nectar	7	28876	8 fl oz	6/46 fl oz	36/8 fl oz	110	1.5	55	25	0	1 yr	0U	Υ	Υ
Thickened Apple Juice – Honey	<u>}</u>	30634	8 fl oz	6/46 fl oz	36/8 fl oz	120	1.5	140	27	0	1 yr	0U	Υ	Υ
Thickened Orange Juice – Nectar	7	42161	8 fl oz	6/46 fl oz	36/8 fl oz	110	0	70	27	1	1 yr	OU	Y	Υ
Thickened Orange Juice — Honey	7	40123	8 fl oz	6/46 fl oz	36/8 fl oz	110	0	120	27	1	1 yr	OU	Y	Υ
Thickened Kiwi Strawberry – Nectar	7	27930	8 fl oz	6/46 fl oz	36/8 fl oz	130	1	90	31	0	1 yr	OU	Y	Υ
Thickened Kiwi Strawberry – Honey	7	11840	8 fl oz	6/46 fl oz	36/8 fl oz	140	1	110	32	0	1 yr	OU	Υ	Υ
Thickened Sugar Free Peach Mango – Nectar	1	79018	12 fl oz	6/46 fl oz	36/12 fl oz	10	0	90	3	0	1 yr	0U	Υ	Y
Thickened Sugar Free Peach Mango – Honey	7	79019	12 fl oz	6/46 fl oz	36/12 fl oz	20	0	150	4	0	1 yr	0U	Υ	Y
THICK & EASY® CLEAR Thickened Beve	erage	es - 4oz Sin	gle Serve											
Hydrolyte® Thickened Water – Nectar with a Hint of Lemon	<u> </u>	23061	4 fl oz	24/4 fl oz	24/4 fl oz	0	0	40	0	0	9 mo	OU	Υ	Y
Hydrolyte® Thickened Water – Honey with a Hint of Lemon	<u>s\</u>	46056	4 fl oz	24/4 fl oz	24/4 fl oz	5	0	60	1	0	9 mo	OU	Υ	Υ
Thickened Iced Tea — Nectar		28259	4 fl oz	24/4 fl oz	24/4 fl oz	50	0	45	12	0	9 mo	0U	Υ	Y
Thickened Iced Tea – Honey	<u> </u>	32870	4 fl oz	24/4 fl oz	24/4 fl oz	50	0	60	13	0	9 mo	0U	Υ	Υ
Thickened Cran. Juice Cocktail – Nectar	<u> </u>	39705	4 fl oz	24/4 fl oz	24/4 fl oz	45	0	40	11	0	9 mo	0U	Υ	Υ
Thickened Cranberry Juice Cocktail – Honey	7	20160	4 fl oz	24/4 fl oz	24/4 fl oz	50	0	60	13	0	9 mo	0U	Υ	Υ
Thickened Apple Juice — Nectar	<b>_</b>	41530	4 fl oz	24/4 fl oz	24/4 fl oz	60	1	55	13	0	9 mo	0U	Υ	Υ
Thickened Apple Juice – Honey	7	12687	4 fl oz	24/4 fl oz	24/4 fl oz	60	0	70	15	0	9 mo	OU	Y	Υ
Thickened Orange Juice – Nectar	_	49144	4 fl oz	24/4 fl oz	24/4 fl oz	45	0	45	11	0	9 mo	OU	Y	Υ
Thickened Orange Juice – Honey	7	32192	4 fl oz	24/4 fl oz	24/4 fl oz	50	0	70	12	0	9 mo	OU	Y	Υ
Thickened Prune Drink — Nectar	_	72461	4 fl oz	24/4 fl oz	24/4 fl oz	80	0	30	19	0	9 mo	OU	Υ	Y
Thickened Prune Drink – Honey	_	72459	4 fl oz	24/4 fl oz	24/4 fl oz	80	0	30	20	0	9 mo	OU	Υ	Y
Thickened Sugar Free Peach Mango – Nectar		78768	4 fl oz	24/4 fl oz	24/4 fl oz	5	0	40	1	0	9 mo	OU	Υ	Y
Thickened Sugar Free Peach Mango – Honey	\	78769	4 fl oz	24/4 fl oz	24/4 fl oz	5	0	70	1	0	9 mo	0U	Y	Υ

# THICKENED DAIRY - READY TO SERVE

**THICK & EASY\* Dairy** is our 2% reduced fat thickened milk which has that "real dairy" taste because it is packaged fresh. The thickened dairy products provide the same nutritional benefits as regular milk. Thickening dairy-based products can be difficult. Even well trained staff can be challenged to get a smooth mixture with the proper viscosity. Our thickened milk allows you to provide a high-quality, consistent beverage every time.

### **FEATURES:**

- Eliminates measuring and mixing just chill and serve
- Thickened consistencies formulated to meet National Dysphagia Diet guidelines and IDDSI standards.
- Available in two consistencies; nectar consistency (IDDSI Level Mildly Thick) and honey consistency (IDDSI Level Moderately Thick)
- Available in original and chocolate flavor

# **BENEFITS:**

- Reliable consistency with every serving
- Eliminates waste no mixing errors or problems
- Saves labor and time

# **Product Information**

SHELF STABLE	IDDSI Level	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
THICK & EASY® Thickened Dair	y - Ready	to Serve												
Thickened Dairy — Nectar	2	73625	8 fl oz	8/32 fl oz	32/8 fl oz	170	5	210	26	8	15 mo	OU-D	Υ	N
Thickened Dairy — Honey	3	73626	8 fl oz	8/32 fl oz	32/8 fl oz	180	5	240	26	8	15 mo	OU-D	Υ	N
Thickened Dairy – Nectar	2	24739	8 fl oz	27/8 fl oz	27/8 fl oz	170	5	210	26	8	15 mo	OU-D	Υ	N
Thickened Dairy — Honey	3	41805	8 fl oz	27/8 fl oz	27/8 fl oz	180	5	240	26	8	15 mo	OU-D	Υ	N
Thickened Dairy — Choc Nectar	2	72447	8 fl oz	27/8 fl oz	27/8 fl oz	210	5	210	38	8	18 mo	OU-D	Υ	N



Reliable consistency with every serving



# **Breakfast Selections**

# **BREAKFAST SELECTIONS**

Great tasting! Great looking breakfast is easy with Hormel Health Labs breakfast selections.

## **FEATURES:**

- Over 12 tasty varieties to choose
- Individual shaped portions or multi-serve packaging options
- Wonderful aromas to improve eating experience
- Easy to use bacon and sausage options

### **BENEFITS:**

- Great tasting food promotes consumption
- Shaped items offer classy, dignified plate appearance
- Patients or residents will love the quality



# **Product Information**

FROZEN	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
THICK & EASY® Shaped Breakfast													
Pureed Shaped Omelet	72475	each	24/2.5 oz	24/2.5 oz	80	5	220	3	6	1 yr	N	Υ	N
Pureed Shaped Sausage Links	72478	each	24/2.5 oz	24/2.5 oz	100	4.5	310	3	11	1 yr	N	N	Υ
Pureed Shaped Waffle	72473	each	24/2.5 oz	24/2.5 oz	100	2	180	13	6	1 yr	N	N	N
Pureed Shaped Pancakes	72476	each	24/2.5 oz	24/2.5 oz	100	2.5	230	13	7	1 yr	N	N	N
Pureed Shaped Breakfast Variety Pack (Omelet, Sausage, Waffle, Pancake)	72491	each	24/2.5 oz	24/2.5 oz	_	_	_	_	_	1 yr	_	_	_
THICK & EASY® Pureed Meats													
Pureed Pork Sausage	37334	1 patty	90/1 oz	90/1 oz	50	2.5	150	1	5	1 yr	N	N	N
Pureed Bacon	24037	1 patty	90/1 oz	90/1 oz	50	2.5	150	1	5	1 yr	N	N	N
THICK & EASY® Pureed Bulk Meat													
Pureed Bulk Sausage	78718	1/3 cup	6/2.25 lb	72/ 1/3 c	120	6	370	4	14	1 yr	N	N	†
Pureed Bulk Bacon	78720	1/3 cup	6/2.25 lb	72/ 1/3 c	120	7	570	2	14	1 yr	N	_	_
THICK & EASY® Pureed Meals - Shelf Sta	ble												
Purée Scrambled Eggs with Potatoes, and Bacon	60740	1 tray	7/7 oz	7/7 oz	280	17	420	17	14	18 mo	N	N	Υ
Purée Maple Cinnamon French Toast	60742	1 tray	7/7 oz	7/7 oz	280	7	310	40	14	18 mo	N	N	N
CLIFFDALE FARMS™ Pureed Baked - Ha	f Pan Purees												
Apple Cinnamon French Toast	37158	3 oz	4/4 lb	64/3 oz	110	3	140	13	8	1 yr	N	N	N
Banana French Toast	33795	3 oz	4/4 lb	64/3 oz	120	3	150	15	8	1 yr	N	N	N
Vanilla French Toast	18413	3 oz	4/4 lb	64/3 oz	120	3.5	170	14	8	1 yr	N	N	N
Peach French Toast	19650	3 oz	4/4 lb	64/3 oz	110	3	140	12	8	1 yr	N	N	N
CLIFFDALE FARMS™ Pureed Baked - Ind	ividual Servi	ng Purees											
Apple Cinnamon French Toast	41076	3 oz	24/3 oz	24/3 oz	110	3	140	13	8	1 yr	N	N	N
Banana French Toast	37510	3 oz	24/3 oz	24/3 oz	120	3	150	15	8	1 yr	N	N	N
Vanilla French Toast	27477	3 oz	24/3 oz	24/3 oz	120	3.5	170	14	8	1 yr	N	N	N
Peach French Toast	25113	3 oz	24/3 oz	24/3 oz	110	3	140	12	8	1 yr	N	N	N





†Suitable for most individuals sensitive to lactose.

# Center of the Plate Choices

## **CENTER OF THE PLATE CHOICES**

Hormel Health Labs center of the plate proteins taste fantastic, look great and are easy to prepare.

## **SHAPED PUREES FEATURES:**

- Items look great and are simple to steam and serve
- Varieties taste just like homemade with great aroma
- Packed with protein for easy menu planning

### **SHAPED PUREES BENEFITS:**

- Patients and residents enjoy their meals
- Great plate appearance improves dining experience
- Dietary staff takes pride in offering desirable pureed meals

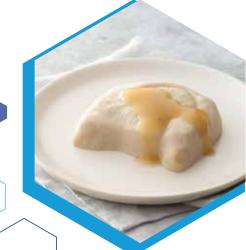
## **MULTI - SERVE PACK STYLES BENEFITS:**

- Boil in the bag, labor saving, convenience
- Reliable taste and texture every meal
- Versatile meats offer easy recipe development

Make meal times more appetizing with Shaped Purees.

	DDSI Level	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
THICK & EASY® Pureed Shaped Me	ats													
Pureed Shaped Roast Beef		10837	each	24/3 oz	24/3 oz	140	8	380	3	16	1 yr	N	N	Υ
Pureed Shaped Beef Patty		49846	each	24/3 oz	24/3 oz	140	7	350	3	15	1 yr	N	Υ	Υ
Pureed Shaped Roast Turkey	4	11505	each	24/3 oz	24/3 oz	100	2	260	3	16	1 yr	N	Υ	Υ
Pureed Shaped Grillers		16323	each	24/2 oz	24/2 oz	80	4	440	2	9	1 yr	N	Υ	Υ
Pureed Shaped Ham	4	25435	each	24/3 oz	24/3 oz	120	7	630	3	13	1 yr	N	Υ	Υ
Pureed Shaped Chicken	4	37954	each	24/3 oz	24/3 oz	90	2	360	3	14	1 yr	N	Υ	N
Pureed Shaped Roast Pork	4	38393	each	24/3 oz	24/3 oz	120	6	360	3	14	1 yr	N	N	Υ
Pureed Shaped Fish Fillet		45926	each	24/3 oz	24/3 oz	100	2	220	3	17	1 yr	N	Υ	Υ
Pureed Shaped Meats-Variety Pack (Roast Beef, Chicken, Pork, Turkey)	4	33539	each	24/3 oz	24/3 oz	_	_	_	_	_	1 yr	N	_	_
THICK & EASY® Pureed Bulk Meat														
Pureed Bulk Beef		78544	1/3 cup	6/2.25 lb	72/ 1/3 c	130	7	380	2	15	1 yr	N	N	†
Pureed Bulk Pork		78719	1/3 cup	6/2.25 lb	72/ 1/3 c	120	6	380	5	14	1 yr	N	N	†
Pureed Bulk Chicken		78549	1/3 cup	6/2.25 lb	72/ 1/3 c	100	4	340	3	14	1 yr	N	*	N
CLIFFDALE FARMS™ REDI-MELT™	Puree	s												
Beef Puree		24311	3 oz	120/1 oz	40/3 oz	140	8	410	3	14	1 yr	N	Υ	N
Ham Puree		40347	3 oz	120/1 oz	40/3 oz	140	8	350	3	14	1 yr	N	Υ	N
Pork Puree		49267	3 oz	120/1 oz	40/3 oz	140	8	300	4	14	1 yr	N	N	N
Chicken Puree		29130	3 oz	120/1 oz	40/3 oz	150	9	310	4	14	1 yr	N	Υ	N
CLIFFDALE FARMS™ Pureed Baked	d - Indi	vidual Servi	ng Purees											
Barbecue Beef		49648	4 oz	24/4 oz	24/4 oz	170	6	460	10	15	1 yr	N	N	N





# Main Dish Options

## **MAIN DISH OPTIONS**

Hormel Health Labs offers a unique line of main dish options that deliver unbelievable quality and flavor your patients or residents will love!

## **FEATURES:**

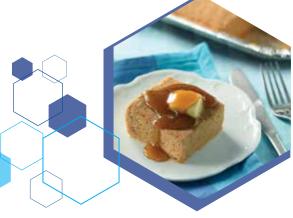
- Recipes inspired by white table cloth dining
- Moist and flavorful varieties
- Perfect pureed texture
- Filled with high quality protein
- Available in individual servings and multi-serve options

#### **BENEFITS:**

- Dining enjoyment with great tasting foods
- Simple to make and easy to fit into most menus
- Individual portions eliminate risk of wasting food
- Great aroma will improve appetite appeal

# Nourishment When You Need it Most

FROZEN	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
CLIFFDALE FARMS™ Pureed Baked - Hal	f Pan Purees												
Broccoli & Cheddar	29946	4 oz	4/4 lb	64/4 oz	170	10	350	7	14	1 yr	N	Υ	N
Tuna Cheddar Florentine	43911	4 oz	4/4 lb	64/4 oz	140	7	380	6	14	1 yr	N	Υ	N
Cheese Pizza	20517	4 oz	4/4 lb	64/4 oz	150	7	390	7	15	1 yr	N	N	N
Savory Beef & Vegetables	31924	4 oz	4/4 lb	64/4 oz	140	6	420	2	18	1 yr	N	Υ	N
Beef Lasagna	35683	4 oz	4/4 lb	64/4 oz	150	6	370	8	16	1 yr	N	N	N
Ham, Chicken & Pineapple	45244	4 oz	4/4 lb	64/4 oz	140	4.5	370	10	14	1 yr	N	N	N
CLIFFDALE FARMS™ Pureed Baked - Ind	ividual Servi	ng Purees											
Broccoli & Cheddar	29554	4 oz	24/4 oz	24/4 oz	170	10	230	7	14	1 yr	N	Υ	N
Cheese Pizza	48256	4 oz	24/4 oz	24/4 oz	150	7	390	7	15	1 yr	N	N	N
Garden Vegetable Medley	36776	4 oz	24/4 oz	24/4 oz	170	9	350	9	14	1 yr	N	N	N
Chicken A L'Orange	45567	4 oz	24/4 oz	24/4 oz	170	8	300	10	15	1 yr	N	N	N
Chicken & Broccoli	12030	4 oz	24/4 oz	24/4 oz	130	6	370	5	14	1 yr	N	N	N
Chicken & Vegetable	18896	4 oz	24/4 oz	24/4 oz	150	8	290	7	14	1 yr	N	Υ	N
Turkey Casserole	45763	4 oz	24/4 oz	24/4 oz	160	3	520	18	14	1 yr	N	N	N
Alaskan Seafood	45927	4 oz	24/4 oz	24/4 oz	190	13	370	3	15	1 yr	N	N	N
Savory Beef & Vegetables	25470	4 oz	24/4 oz	24/4 oz	140	6	420	2	18	1 yr	N	Υ	N
Roast Beef & Cheddar	31180	4 oz	24/4 oz	24/4 oz	140	6	390	6	16	1 yr	N	N	N
Beef Lasagna	36405	4 oz	24/4 oz	24/4 oz	150	6	370	8	16	1 yr	N	N	N
Roasted Pork with Apples	40521	4 oz	24/4 oz	24/4 oz	150	4.5	310	11	16	1 yr	N	N	N
CLIFFDALE FARMS™ REDI-MELT™ Pure	es												
Chicken Puree	29130	3 oz	120/1 oz	40/3 oz	150	9	310	4	14	1 yr	N	Υ	N
THICK & EASY® Pureed Meals - Shelf Sta	ble												
Purée Roasted Chicken with Potatoes and Carrots	60748	1 tray	7/7 oz	7/7 oz	260	16	430	15	14	18 mo	N	N	Υ
Purée Roasted Turkey with Bread Stuffing and Green Beans	60749	1 tray	7/7 oz	7/7 oz	250	13	440	20	13	18 mo	N	N	N
Purée Homestyle Beef with Potatoes and Corn	60747	1 tray	7/7 oz	7/7 oz	260	11	490	27	13	18 mo	N	N	Υ
Purée Italian Style Lasagna with Meat Sauce	60744	1 tray	7/7 oz	7/7 oz	270	9	480	34	14	18 mo	N	N	N







# Pureed Side Dishes

# **PUREED SIDE DISHES**

Hormel Health Labs understands the importance of creating the perfect looking and tasting pureed meal. Our side dish options are appreciated by patients and residents because they make a great looking meal and deliver rich flavors and vibrant colors.

#### FEATURES:

- Easy to use breads, fruits and vegetables, even mac and cheese!
- Shaped buttery tasting vegetables with fantastic on plate appearance
- Sweet fruit brightens up plates and faces!
- Available in variety packs
- Bread and vegetables offer multi-serving packaging options

### **BENEFITS:**

- Pureed diet foods residents and patients want to eat!
- Great taste, aroma and appearance improve appetite appeal
- Easy prep saves labor in the kitchen
- Many pack size options make it easy to use in every facility



FROZEN IDDS		Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
CLIFFDALE FARMS™ Pureed Baked - I	ndividual Servi	ng Purees											
Country Bread	31560	3 oz	24/3 oz	24/3 oz	160	8	240	14	7	1 yr	N	N	N
CLIFFDALE FARMS™ REDI-MELT™ Pu	rees												
Country Bread Puree	23885	3 oz	120/1 oz	40/3 oz	160	8	240	14	7	1 yr	N	N	N
THICK & EASY® Side Dishes w/ Added	Protein												
Mac and Cheese	72493	each	24/3 oz	24/3 oz	200	13	400	8	12	1 yr	N	N	N
THICK & EASY® Pureed Shaped Vegeta	bles												
Pureed Shaped Carrots	39312	each	24/3 oz	24/3 oz	130	8	250	15	1	1 yr	N	Υ	N
Pureed Shaped Broccoli	26522	each	24/3 oz	24/3 oz	120	8	300	10	2	1 yr	N	Y	N
Pureed Shaped Corn	27074	each	24/3 oz	24/3 oz	180	9	380	22	4	1 yr	N	Υ	Υ
Pureed Shaped Peas	12705	each	24/3 oz	24/3 oz	150	7	410	17	4	1 yr	N	Υ	N
Pureed Shaped Green Beans	12118	each	24/3 oz	24/3 oz	130	8	320	12	2	1 yr	N	Υ	N
Pureed Sweet Potato	72479	each	24/3 oz	24/3 oz	190	8	230	27	2	1 yr	N	Υ	N
Pureed Shaped Vegetable Variety (Corn, Carrot, Green Bean, Green Pea)	47876	each	24/3 oz	24/3 oz	_	_	_	_	_	1 yr	N	Υ	_
THICK & EASY® Pureed Vegetables													
Pureed Bulk Carrots	34332	1/3 cup	6/2 lb	66/ 1/3 c	70	4	60	8	1	1 yr	N	Υ	Υ
Pureed Bulk Broccoli	13055	1/3 cup	6/2 lb	66/ 1/3 c	70	4.5	35	6	2	1 yr	N	Υ	Υ
Pureed Bulk Corn	18637	1/3 cup	6/2 lb	66/ 1/3 c	100	4.5	5	17	2	1 yr	N	Υ	Υ
Pureed Bulk Peas	38561	1/3 cup	6/2 lb	66/ 1/3 c	100	4	90	12	4	1 yr	N	Υ	Υ
Pureed Bulk Green Beans	45076	1/3 cup	6/2 lb	66/ 1/3 c	70	4	20	8	1	1 yr	N	Υ	Υ
THICK & EASY® Pureed Shaped Fruits													
Pureed Shaped Peaches	13301	each	24/2.5 oz	24/2.5 oz	80	0.5	10	20	1	1 yr	N	Υ	Υ
Pureed Shaped Pears	27605	each	24/2.5 oz	24/2.5 oz	70	0	20	22	0	1 yr	N	Υ	Υ
Pureed Shaped Mixed Berries	13883	each	24/2.5 oz	24/2.5 oz	90	1	10	22	0	1 yr	N	Υ	Υ
Pureed Shaped Pineapple	28170	each	24/2.5 oz	24/2.5 oz	80	0.5	30	18	0	1 yr	N	Υ	Υ
Pureed Shaped Fruit (Peach, Pear, Mixed Berry, Pineapple)	17422	each	24/2.5 oz	24/2.5 oz	_	_	_	_	_	1 yr	N	Y	Υ
SHELF STABLE	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
THICK & EASY® Pureed Side Dishes													
Instantized Rice (as prepared)	73744	1 Tbsp	1/5 lb	162/1⁄2 c	50	0	0	11	1	3 yr	K Parve	Υ	Υ
Instantized Pasta (as prepared)	46151	1 Tbsp	18/6 oz	216/1⁄2 c	50	0	0	10	2	3 yr	K Parve	N	Υ
Pureed Bread Mix (as prepared)	48862	0.57 oz	2/4.5 lb	254 slice	60	1	95	11	2	3 yr	KD	N	Υ





## **FORTIFIED NUTRITIONAL SHAKES**

Med Pass\* 2.0 Fortified Nutritional Shakes provides a convenient way to supplement calories and protein. Designed to be used as a medication pass drink, Med Pass\* products deliver more nutrition than water, juice or milk. This additional intake can mean weight maintenance or weight gain. Med Pass\* Reduced Sugar is a carbohydrate controlled formula suitable for glucose intolerant residents.

#### **FEATURES:**

- Volume restricted provides 120 calories and 5g of protein in 2 oz.
- Fortified with 18 to 19 vitamins and minerals
- Available in nectar consistency (IDDSI Level A Mildly Thick)
- Available in nectar consistency (IDDS) Level ,
   Shelf stable

#### BENEFITS:

- Patients or residents enjoy the creamy rich flavor
- Convenient on nursing carts
- Consumption easily monitored by nursing
- Eliminates waste associated with individual servings
- Readily accepted by residents

# **PROTEIN & AMINO ACID SOLUTION**

Hormel Healthy Shots\* Protein & Amino Acid solution is designed to deliver high quality protein supplementation to diets and tube feedings. This product is ideal for pressure injuries, tube feedings, renal, bariatric patients, or for diabetics looking for protein without excessive sugar.

It is clear, clean, and refreshing. There are two protein levels to choose from both have a PDCAAS score of 100%. Select either the 12 or 24 grams of protein varieties in only a 2.5 fl. oz. serving. It's lactose free, fortified with vitamins A.C.D.E and folic acid.

Hormel Healthy Shots® can also be added to everyday beverages to add fruity flavor and boost protein.

## **PROTEIN & CALORIE FOOD SUPPLEMENTS**

#### Hormel Vital Cuisine® Propass®

Whey Protein Supplement Powder is designed to be added to foods and beverages or used in tube feedings, delivering 6g of protein per serving. This protein powder was manufactured to mix easily without clumping. It was formulated with limited color and flavor so when mixed with foods or beverages it results in a limited change to taste or appearance. The added high quality whey protein is ideal for adding extra dietary protein for pressure injuries or unintended weight loss.

**Hormel MultMix**\* is the original food first intervention to combat unintended weight loss. Hormel MutliMix\* adds calories and proteins to foods while enhancing the flavor. This versatile option is great alternative to between meal supplements.

# **Product Information**

SHELF STABLE IDDSI Level	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
MED PASS® Fortified Nutritional Shake													
Fortified Nutritional Shake - Vanilla	27016†	8 fl oz	12/32 fl oz	48/8 fl oz	480	19	400	58	20	15 mo	OU-D	Υ	Υ
Fortified Nutritional Shake - Butter Pecan	46463†	8 fl oz	12/32 fl oz	48/8 fl oz	480	19	470	58	20	15 mo	OU-D	Υ	Υ
Fortified Nutritional Shake - Wild Berry	35985†	8 fl oz	12/32 fl oz	48/8 fl oz	480	19	400	58	20	15 mo	OU-D	Υ	Υ
Reduced Sugar Added Fortified Nutritional Shake - Vanilla	22649‡	8 fl oz	12/32 fl oz	48/8 fl oz	420	24	400	31	20	15 mo	OU-D	Υ	Υ
HEALTHY SHOT® Protein & Amino Acid Sol	ution												
Double Protein Peach	72855*	2.5 fl oz	24/2.5 fl oz	24/2.5 fl oz	100	0	110	2	24	1 yr	N	Υ	Υ
Double Protein Grape Black Cherry	72853*	2.5 fl oz	24/2.5 fl oz	24/2.5 fl oz	100	0	110	2	24	1 yr	N	Υ	Υ
High Protein Tropical	72851*	2.5 fl oz	24/2.5 fl oz	24/2.5 fl oz	100	0	40	13	12	1 yr	N	Y	Υ
Protein and Calorie Supplements - Dry Mi	ix												
Hormel Vital Cuisine® Propass® Whey Protein Supplement	15309*	1 Packet	100/8g	100	30	0.5	15	1	6	2 yr	KD	Υ	N
Hormel Vital Cuisine® Propass® Whey Protein Supplement	13126*	8g	4/7.5 oz	103 scoops	30	0.5	15	1	6	2 yr	KD	Υ	N
Multi Mix® Calorie & Protein Supplement	19823*	1/4 cup	1/3.5 lb	50	120	2	130	15	12	1 yr	KD	Y	N

†HCPCS code B4152 ‡HCPCS code B4154 \*HCPCS code B4155



MULTI MIX

Nourishment When You Need it Most



# **PROTEIN & CALORIE DRINK MIXES**

Hormel Vital Cuisine™ Instant Breakfast and Super Shake Mixes are a tasty way to supplement nutritional intake. These mixes are a good source of both protein and calories and are fortified with essential vitamins and minerals. Functionality is only the beginning; after one taste, you'll forget that these are nutritional mixes. Hormel Vital Cuisine™ Shake Mixes offers simple "just add milk" preparation and is available in a variety of flavors.

# HORMEL VITAL CUISINE™ L-EMENTAL® ARGININE DRINK MIX

Hormel Vital Cuisine™ L-Emental® Arginine Drink Mix is a blend of Arginine, Vitamin C, Vitamin E and Zinc. Arginine becomes conditionally essential during times of metabolic stress. It may assist in maintaining skin integrity.

### **FEATURES:**

- 4.5 g of elemental Arginine per serving
- Fortified with zinc to help with wound healing
- Fortified with Vitamin C and Vitamin E for antioxidant properties
- Conveniently packed with one serving per packet

#### **BENEFITS:**

- Mixes easily with water, juices, carbonated beverages, or other clear liquids
- May help to maintain skin integrity

# **Product Information**

SHELF STABLE	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
HORMEL VITAL CUISINE™ Protein and Ca	lorie Drink I	Mixes											
Super Shake Mix Vanilla	28289	1/4 cup	6/20.5 oz	96/8 fl oz	140	1	90	26	7	2 yr	OU-D	Υ	N
Super Shake Mix Chocolate	38316	1/4 cup	6/22.5 oz	96/8 fl oz	160	1.5	110	27	8	2 yr	OU-D	Υ	N
Super Shake Mix Strawberry	28696	1/4 cup	6/20.5 oz	96/8 fl oz	140	1	90	26	7	2 yr	OU-D	Υ	N
Instant Breakfast Mix Vanilla	25786	1/4 cup	12/9.6 oz	96/8 fl oz	130	0.5	100	24	8	2 yr	OU-D	Υ	N
HORMEL VITAL CUISINE™ Protein and Ca	lorie Custar	d Mix											
Instant Custard Mix	48167	3 Tbsp	6/32 oz	160/4 oz	110	1	180	21	5	2 yr	OU-D	Υ	N
HORMEL VITAL CUISINE™ L-EMENTAL®	Arginine Drii	nk Mix											
Arginine Drink Mix — Orange	41057*	1 packet	50/10g	50	30	0	20	4	0	2 yr	K Parve	Υ	Υ
Arginine Drink Mix — Cherry	17911*	1 packet	50/10g	50	30	0	20	4	0	2 yr	K Parve	Υ	Υ

\*HCPCS code B4155



Bridging the Gap between Function and Flavor™





## **PROTEIN & CALORIE SNACKS**

Magic Cup™ Dessert is a unique nutritional frozen novelty designed to delight patients or residents with it's creamy flavor. Magic Cup™ is ideal for dysphagia diets appearing ice cream-like when frozen and IDDSI level 4 when served chilled. Available in several flavors as well as no sugar added.

#### **FEATURES:**

- Suitable for dysphagia diets
- · Nutritionally dense

#### **BENEFITS:**

- Adds variety to supplement rotation
- Serve at meals for added calories and protein
- Ideal to serve with meals as a dignified intervention for unintended weight loss.

Hormel Vital Cuisine™ 206\* Cookie is an ordinary snack that achieves extra ordinary results. It fits perfectly in your supplement rotation, finger food menu or snack cart. The Hormel Vital Cuisine™ 206\* Cookie is ideal for nutritionally at risk geriatric or pediatric patients. These individually wrapped thaw and serve cookies are available in three flavors as well as a sugar free variety.

Hormel Vital Cuisine™ Ready to Serve Custard has the good old fashioned oven baked taste in our frozen custard. No preparation is needed, just thaw and serve. Serve as a dessert or between meal snack. Everyone will enjoy this delicious treat.

### **NUTRITIONAL JUICE DRINKS**

Hormel Solutions™ 206® Nutritious Juice Drink is a high-calorie, high protein supplement designed to improve the nutritional value of clear liquid diets. The fat free fruit flavored beverage offers a refreshing alternative to dairy based supplements.

# **Product Information**

FROZEN IDDSI Level	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
Magic Cup™ Dessert													
Vanilla	19850	1 container	48/4 oz	48	290	11	110	40	9	1 yr	N	*	N
Chocolate	33904	1 container	48/4 oz	48	290	11	115	36	9	1 yr	N	*	N
Wild Berry	44180	1 container	48/4 oz	48	290	11	110	38	9	1 yr	N	*	N
Orange Creme	30955	1 container	48/4 oz	48	290	11	110	38	9	1 yr	N	*	N
Butter Pecan	72508	1 container	48/4 oz	48	290	11	115	39	9	1 yr	N	*	N
No Sugar Added - Vanilla	72509	1 container	48/4 oz	48	260	14	115	33	9	1 yr	N	*	N
HORMEL VITAL CUISINE™ Protein and Ca	alorie Snacks	3											
Ready to Serve - Frozen Custard Vanilla	28869	1 container	48/4 oz	48	150	4.5	200	22	7	1 yr	N	Υ	N
206® Cookie - Apple Filled Oatmeal	21812	1 cookie	50/1.73 oz	50	200	8	270	26	6	1 yr	OU-D	N	N
206® Cookie - Raspberry Filled Oatmeal	37776	1 cookie	50/1.73 oz	50	200	8	290	25	6	1 yr	OU-D	N	N
206® Cookie - Chocolate Chip Cookie	28567	1 cookie	50/1.73 oz	50	200	8	340	25	6	1 yr	OU-D	N	N
Sugar Free 206® Cookie - Lemon	23780	1 cookie	50/1.73 oz	50	200	12	340	20	6	1 yr	OU-D	N	N
HORMEL SOLUTIONS™ 206® Juice Drink	s												
Nutritious Juice Drink - Orange	16784	6 fl oz	50/6 oz	50	200	0	110	45	6	15 mo	OU-D	Υ	Y
Nutritious Juice Drink - Apple/Cranberry	37331	6 fl oz	50/6 oz	50	200	0	110	45	6	15 mo	OU-D	Υ	Y
Nutritious Juice Drink - White Grape	17909	6 fl oz	50/6 oz	50	200	0	110	45	6	15 mo	OU-D	Y	Υ

\*No gluten ingredients used in formulation

Now with Improved Flavor





# **FORTIFIED SUPPLEMENTS**

**MightyShakes\*** Fortified Supplements are a creamy and delicious milkshake offering patients or residents extra calories and protein.

## **FEATURES:**

- Great taste milkshake taste
- Fortified with 20 vitamins and minerals
- Available in Plus, No Sugar Added and honey consistency
- Most varieties are nectar consistency

#### **BENEFITS:**

- Great intervention for unintended weight loss
- Great taste promotes consumption and enjoyment
- Flavor varieties prevent flavor fatigue
- MightyShakes® Plus are suitable for low lactose diets

# **Product Information**

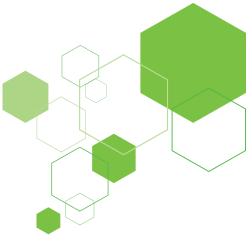
FROZEN	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free	Nectar Consistency
MIGHTYSHAKES® Fortified Supplements														
Vanilla	12976	4 fl oz	75/4 fl oz	75	200	6	60	29	6	1 yr	OU-D	*	N	Υ
Chocolate	26337	4 fl oz	75/4 fl oz	75	200	6	60	30	6	1 yr	OU-D	*	N	Υ
Strawberry	43217	4 fl oz	75/4 fl oz	75	200	6	60	29	6	1 yr	OU-D	*	N	Υ
Orange Creme	14383	4 fl oz	75/4 fl oz	75	200	6	60	29	6	1 yr	OU-D	*	N	Υ
Vanilla	12535	6 fl oz	50/6 fl oz	50	300	9	90	44	9	1 yr	OU-D	*	N	Υ
Chocolate	25938	6 fl oz	50/6 fl oz	50	300	9	90	45	9	1 yr	OU-D	*	N	Υ
Strawberry	42873	6 fl oz	50/6 fl oz	50	300	9	90	44	9	1 yr	OU-D	*	N	Υ
Plus — Vanilla	15058	4 fl oz	50/4 fl oz	50	240	10	60	31	8	1 yr	OU-D	*	N	N
Plus — Chocolate	28445	4 fl oz	50/4 fl oz	50	240	10	60	32	8	1 yr	OU-D	*	N	N
Plus — Strawberry	44619	4 fl oz	50/4 fl oz	50	240	10	60	31	8	1 yr	OU-D	*	N	N
No Sugar Added — Vanilla	32801	4 fl oz	50/4 fl oz	50	200	10	85	20	7	1 yr	OU-D	*	N	Υ
No Sugar Added — Chocolate	72501	4 fl oz	50/4 fl oz	50	200	10	85	20	7	1 yr	OU-D	*	N	Υ
No Sugar Added — Strawberry/Banana	43479	4 fl oz	50/4 fl oz	50	200	10	85	20	7	1 yr	OU-D	*	N	Υ
No Sugar Added — Vanilla	15845	6 fl oz	50/6 fl oz	50	300	15	130	30	11	1 yr	OU-D	*	N	Υ
No Sugar Added — Strawberry	17237	6 fl oz	50/6 fl oz	50	300	15	130	30	11	1 yr	OU-D	*	N	Υ
No Sugar Added - Honey Consistency- Vanilla	45475	4 fl oz	50/4 fl oz	50	200	10	85	21	7	1 yr	OU-D	*	N	Honey

\*No gluten ingredients used in formulation



Great Tasting Solutions





## **FORTIFIED SOY SUPPLEMENT**

**Great Shake™ Fortified Soy Supplements** are a creamy delicious shake that deliver calories and protein without lactose.

#### **FEATURES:**

- Formulated with Soy protein
- Lactose free
- Fortified with 20 essential vitamins and minerals
- 3 tasty varieties
- Available in Great Shake<sup>™</sup> Plus for more calories and protein

# NON-FORTIFIED DAIRY BEVERAGE

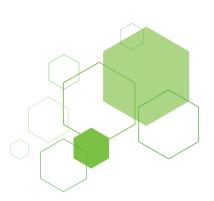
Hormel Vital Cuisine™ Plus 2™ is absolutely delicious! It is formulated with creamy dairy proteins designed to add calories and protein to the diets of those who are not eating enough food. Hormel Vital Cuisine™ Plus 2™ has a food first philosophy this innovative product offers a simple ingredient statement but delivers a powerful nutritional intervention. Packaged to be poured into 2oz portions as a part of a medication pass program or served in 4oz portions as a between meal snack. Be proud of your nutritional intervention program by serving Hormel Vital Cuisine™ Plus 2™.

## **FEATURES:**

- Five delicious soda fountain flavors
- Great creamy ice cream like taste
- Nutrient dense

#### **BENEFITS:**

- Great flavor improves consumption
- Ideal intervention for unintended weight loss





# **Product Information**

FROZEN	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
GREAT SHAKE™ Fortified Soy Supplement	ts												
Fortified Nutrition – Vanilla	16301	4 fl oz	75/4 fl oz	75	200	10	80	22	6	1 yr	OU-D	Υ	Υ
Fortified Nutrition — Chocolate	42795	4 fl oz	75/4 fl oz	75	200	10	80	22	6	1 yr	OU-D	Υ	Υ
Fortified Nutrition – Strawberry	29270	4 fl oz	75/4 fl oz	75	200	10	80	22	6	1 yr	OU-D	Υ	Υ
Plus Fortified Nutrition — Vanilla	14525	4 fl oz	50/4 fl oz	50	240	13	105	23	8	1 yr	OU-D	Υ	Υ
${\it Plus Fortified  Nutrition-Chocolate}$	28009	4 fl oz	50/4 fl oz	50	240	13	105	23	8	1 yr	OU-D	Υ	Υ
Plus Fortified Nutrition — Strawberry	29696	4 fl oz	50/4 fl oz	50	240	13	105	22	8	1 yr	OU-D	Υ	Y
HORMEL VITAL CUISINE™ PLUS-2™ Non-	-Fortified Da	iry Beverag	es										
Protein Energy Shake Dairy Drinks — Chocolate	17959	8 fl oz	12/16 fl oz	24/8 fl oz	480	24	320	44	18	1 yr	CRC	Y	N
Protein Energy Shake Dairy Drinks — Vanilla	20220	8 fl oz	12/16 fl oz	24/8 fl oz	480	24	260	48	18	1 yr	CRC	Y	N
Protein Energy Shake Dairy Drinks — Maple Nut	30011	8 fl oz	12/16 fl oz	24/8 fl oz	480	24	280	52	18	1 yr	CRC	Y	N
Protein Energy Shake Dairy Drinks — Root Beer	32764	8 fl oz	12/16 fl oz	24/8 fl oz	480	24	280	48	18	1 yr	CRC	Y	N
Protein Energy Shake Dairy Drinks — Black Cherry	24548	8 fl oz	12/16 fl oz	24/8 fl oz	480	24	280	52	18	1 yr	CRC	Υ	N

Nourishment When You Need it Most





**HORMEL VITAL CUISINE\*** products are nutritional option intended to offer great tasting, meaningful nutrition for those struggling to eat.

# **MEALS**

**HORMEL VITAL CUISINE\*** meals offer comfort food that is simple to prepare and eat while offering a nutritious dish.

### **PROTEIN NUTRITION SHAKES**

**HORMEL VITAL CUISINE® 500 Shakes** 

### **FEATURES:**

- 520 calories per serving
- 22 grams of protein per serving
- For use during surgical recovery, injury or stress
- Suitable for nectar-like consistency diets
- Flavor varieties include vanilla and chocolate

# **PROTEIN & CALORIE FOOD SUPPLEMENTS**

**HORMEL VITAL CUISINE® Propass® Whey Protein Supplement** 

**Powder** is designed to be added to foods and beverages or used in tube feedings, delivering 6g of protein per serving. This protein powder was manufactured to mix easily without clumping. It was formulated with limited color and flavor so when mixed with foods or beverages it results in a limited change to taste or appearance. The added high quality whey protein is ideal for adding extra protein for pressure injuries or unintended weight loss.

# **Product Information**

SHELF STABLE IDDS	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
HORMEL VITAL CUISINE® Meals	HORMEL VITAL CUISINE® Meals												
Beef and Mushroom	69075	7.5 oz	7/7.5 oz	7/7.5 oz	350	22	500	21	16	18 mo	N	N	N
Chicken and Dumpling	69073	7.5 oz	7/7.5 oz	7/7.5 oz	300	16	590	17	23	18 mo	N	N	N
Vegetarian Stew	69074	7.5 oz	7/7.5 oz	7/7.5 oz	330	17	670	32	11	18 mo	N	*	N
HORMEL VITAL CUISINE® 500 Shakes													
Vanilla	72504	8.45 oz	27/8.45 oz	27	520	22	380	59	22	18 mo	OU-D	*	N
Chocolate	72502	8.45 oz	27/8.45 oz	27	520	21	380	60	22	18 mo	OU-D	*	N
DRY MIX	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
HORMEL VITAL CUISINE® PROPASS®													
Whey Protein Supplement	15309‡	1 Packet	100/8g	100	30	0.5	15	1	6	2 yr	KD	Υ	N
Whey Protein Supplement	13126‡	8g	4/7.5 oz	103 scoops	30	0.5	15	1	6	2 yr	KD	Y	N

\*No gluten ingredients used in formulation †HCPCS code B4150 ‡HCPCS code B4155

Vital



Unique Nutrition For Your Recovery Journey





# for DIGESTIVE HEALTH

## **FIBER MANAGEMENT**

**FiberBasics\* Products** are designed to be the foundation of a fiber management program with a good source of fiber in every serving.

**FiberBasics® Fiber Added Juices** offer a food first approach to bowel management. Fiber Added Apple and Orange juice are 100% juice and can be used as a menu item for any meal. They taste and look like regular juice served to other residents, yet offer residents a dignified alternatives to laxatives.

Hormel Vital Cuisine™ FiberBasics® Instant Soluble Fiber is a great product to use when diets need more fiber. Simply mix into ordinary foods or beverages and make any item a good source of fiber. Each serving adds 3 grams of fiber. This product is so soluble and well tolerated it is feasible to use 2 or 3 scoops in a beverage and create an enjoy dietary intervention for digestive health. It also works well with feeding tubes.

FIBER	ltem Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Fiber	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
FIBERBASICS® Fiber Added Drinks														
Fiber Added Orange Juice Blend	37756	4 fl oz	6/48 fl oz	72/4 fl oz	80	0	20	19	3	0	9 mo	OU	Υ	Y
Fiber Added Apple Juice	40806	4 fl oz	6/48 fl oz	72/4 fl oz	80	0	20	20	3	0	9 mo	OU	Υ	Y
Fiber Added Berry Berry Drink	33138	4 fl oz	6/48 fl oz	72/4 fl oz	90	0	20	22	3	0	9 mo	OU	Υ	Y
HORMEL VITAL CUISINE® FIBERBAS	ICS®													
Instant Soluble Fiber Powder	16925	1 scoop	4/8 oz	252 scoops	10	0	75	3	3	0	3 yr	K Parve	Υ	Y



# for MODIFIED DIETS

# HERB-OX® BROTHS, GRAVIES, SOUP BASES & SAUCES

Herb-Ox\* Broth packets are widely recognized as the leading brand of instant broth in healthcare. Herb-Ox\* Products are the perfect hydration alternative. Convenient single serve packets make a flavorful cup of broth. Suitable for clear liquid diets, Herb-Ox\* Products can be placed on the serving tray as it is delivered to the patient's room. A functional dispenser carton also allows for nursing stations to keep Herb-Ox\* Products on hand for use throughout the day.

If your menu is lacking the final touch, try adding a ladle of **Herb-Ox\* Reduced Sodium Gravies or Sauces** to your next meal. Perfect for a variety of diets including diabetic, low fat, pureed, and low sodium, these items are sure to be a hit. With a "just add water" formulation, these products will save both time and money in the kitchen as well. Perfect for use in stews, soups, pot pies or as a simple topping to a variety of menu items.

# Herb-Ox® Soup Bases

are a convenient and versatile alternative to creating soups from scratch. Homemade taste without the sodium makes these items a winner. The packaging allows you to make as little or much as you need.

**Herb-Ox\* High Protein Broths** are extremely versatile and can fit into your menu plan in a variety of areas. They are perfect as a beverage, a soup or a change of pace snack. Each 6 oz serving delivers 150 calories and 10 grams of protein.

SHELF STABLE	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
HERB-OX® Broths, Gravies, Soup Bases	& Sauces												
Beef Broth Packets	35188	1 packet	6/50 pkt	300/8 fl oz	5	0	1040	1	0	3 yr	N	Υ	N
Chicken Broth Packets	34793	1 packet	6/50 pkt	300/8 fl oz	5	0	1100	1	0	3 yr	N	Υ	N
Vegetable Broth Packets	35562	1 packet	6/50 pkt	300/8 fl oz	5	0	980	1	0	3 yr	N	Υ	N
Sodium Free Beef Broth Packets	23371	1 packet	6/50 pkt	300/8 fl oz	10	0	0	2	0	3 yr	N	Υ	Υ
Sodium Free Chicken Broth Packets	36087	1 packet	6/50 pkt	300/8 fl oz	10	0	0	2	0	3 yr	N	Υ	Υ
Reduced Sodium Poultry Gravy	24227	2 tsp	6/32 oz	1362/1 fl oz	15	0.5	80	2	0	9 mo	N	N	Υ
Reduced Sodium Beef Gravy	48704	1 1/2 tsp	6/32 oz	1362/1 fl oz	15	0.5	105	2	0	9 mo	N	N	Υ
Reduced Sodium Cream Soup Mix	38126	2 tsp	6/32 oz	1086/1 fl oz	20	0.5	25	4	0	9 mo	N	N	N
Reduced Sodium Cheese Sauce Mix	47921	1 Tbsp	6/32 oz	780/ 1 fl oz	35	2	130	4	0	9 mo	N	Υ	N
High Protein Beef Broth	45065	1/3 cup	12/9.1 oz	72/6 fl oz	150	0	720	27	10	3 yr	OU-D	Υ	N
High Protein Chicken Broth	12980	1/3 cup	12/12 oz	72/6 fl oz	150	0	580	27	10	3 yr	OU-D	Υ	N



# for MODIFIED DIETS

# **DIETETIC CONDIMENTS**

Menu Magic® Dietetic Condiments are an easy way to lighten up modified diets. This high quality line of condiments is low in calories, fat, sodium and sugars. Each portion is packaged in easy to open, cups and pouches. From breakfast to dinner and everything in between, we have the modified condiment to fit any need.

## **FEATURES:**

- Low in calories, fat, sodium and sugars
- Individual serving size

### **BENEFITS:**

- Perfect for numerous modified diets, including diabetic, weight loss, and sodium restricted.
- Individual serving size ensures controlled intakes as well as costs.

# **Product Information**

SHELF STABLE	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
MENU MAGIC® Dietetic Condiments													
Sugar Free Maple Flavor Syrup	04179	1 package	100/1 oz	100	0	0	60	0	0	4 mo	OU	Υ	Υ
Fat Free, Low Sodium Italian Dressing	13362	1 package	200/12g	200	5	0	20	1	0	6 mo	OU	Υ	Υ
Fat Free, Low Sodium French Dressing	42526	1 package	200/12g	200	15	0	20	4	0	6 mo	OU	Y	Υ
Reduced Calorie Assorted Jellies (Mixed Fruit, Apple, Grape)	30116	1 package	200/11g	200	10	0	0	3	0	4 mo	OU	Y	Υ



Perfect for modified diets, including diabetic



# for MODIFIED DIETS

## REDUCED CALORIE DESSERTS

Sin Free® Cake Mixes may be fat free and reduced calorie, but they're big on taste. Available in both yellow and chocolate, these cake mixes offer just-add-water convenience with a taste that will be widely accepted. The dry mix recipes provide ease of portion control and can be baked in a variety of shapes – just like a regular cake mix.

**Sin Free® Reduced Calorie Pudding Mix** is tasty enough to be served to all residents and fulfill the diet requirement for your low calorie, diabetic and fat restricted diets.

#### **FEATURES:**

- Convenient just add water mixing directions
- Great tasting

### **BENEFITS:**

- Allows additional dessert varieties
- Eases menu planning

**Sin Free\* Sorbets** are a great alternative to high calorie, high sugar desserts. These are a very well received frozen treat. At 40 calories or less per serving they can fit into any diet. **Sin Free\* Sorbets** allow diabetics and residents on weight controlled diets an opportunity to participate in snack time without feeling restricted.

### **FEATURES:**

- Great tasting
- Easy to serve

### **BENEFITS:**

- · Fits into any diet
- Works well with snack pass



SHELF STABLE	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
SIN FREE® Dietetic Desserts													
Fat Free Yellow Cake Mix	12524	1 oz	6/18.3 oz	120/4 oz	90	0	210	21	2	2 yr	KD	N	N
Fat Free Chocolate Cake Mix	44726	1 oz	6/18.3 oz	120/4 oz	90	0	210	21	2	2 yr	KD	N	N
Reduced Calorie Vanilla Pudding Mix	34682	2 Tbsp	12/2.8 oz	120/4 oz	30	0	80	6	0	2 yr	OU-D	Υ	N
Reduced Calorie Instant Custard Mix	29929	3 Tbsp	6/24 oz	192/4 oz	80	1	140	12	6	2 yr	OU-D	Υ	N
FROZEN	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Gluten Free	Lactose Free
SIN FREE® Dietetic Desserts													
Reduced Calorie Strawberry Sorbet	32018	1 container	48/3 fl oz	48	35	0	10	8	0	1 yr	OU	Υ	Υ
Reduced Calorie Orange Sorbet	37693	1 container	48/3 fl oz	48	40	0	10	10	0	1 yr	OU	Υ	Y
Reduced Calorie Lemon Sorbet	44963	1 container	48/3 fl oz	48	35	0	10	9	0	1 yr	OU	Υ	Y









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Every effort has been made to ensure all product information is accurate at the time of publication. However, it is subject to change. The most current analysis can always be obtained by referring to the product label or by visiting our website.

IDDSI levels were evaluated in test kitchens and should be verified prior to serving. Not all items have been tested for IDDSI levels.



# FOR PRODUCT SUPPORT & BROCHURES:

www.HormelHealthLabs.com 1-800-523-4635



# FOR HOME DELIVERY:

<u>www.HomeCareNutrition.com</u> 1-888-617-3482