



Vital CUISINE™

NUTRITION & RECOVERY

GOOD DIGESTIVE HEALTH MAKES LIVES BETTER.

Offer a dignified food first approach with
Hormel Vital Cuisine™ FiberBasics® Instant Soluble Fiber



HORMEL
HEALTH LABS

Nourishment When You Need it Most.™



INTRODUCING

HORMEL VITAL CUISINE™ FIBERBASICS® INSTANT SOLUBLE FIBER



Good digestive health is easy to obtain with the new
Hormel Vital Cuisine™ FiberBasics® Instant Soluble Fiber.

Studies have shown the active ingredient in **Hormel Vital Cuisine™ FiberBasics®** is beneficial when using 2 - 4 servings per day for maintaining bowel regularity, reducing cholesterol levels, and improving good gut bacteria while decreasing harmful bacteria. See References below.



HORMEL VITAL CUISINE™ FIBERBASICS® INSTANT SOLUBLE FIBER IS:

- A hydrolyzed guar gum recognized by the FDA as a **soluble fiber source**.
- A powder that can be **easily mixed** into foods or beverages without changing the flavor, color, texture or aroma.
- **All natural, gluten free, vegetarian, non GMO, kosher and halal.**
- **Safe to use** for nearly everyone and **offers several health benefits.**

**Offer 2 SCOOPS for an
EXCELLENT SOURCE OF FIBER**

Supplement Facts

Serving Size 1 scoop (3.6g)
Servings Per Container about 63

Amount Per Scoop	% Daily Value
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Calories 10

Total Carb. 3g	1%*
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Dietary Fiber 3g	11%*
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Soluble Fiber 3g	†
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Sodium 75mg	3%
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*Percent daily values are based on a 2000 calorie diet
†Daily value not established

INGREDIENTS: Partially Hydrolyzed Guar Gum.

REFERENCES:

1. Daily intake of 5 grams Sunfiber lead to a favorable impact on constipation prevention of the similar magnitude achieved with laxatives. Kapoor, M. et. al. Journal of Functional Foods 33 (2017) 52-66.
2. Intake of 5 grams Sunfiber per day resulted in significant improvement in use of laxatives, stool form / consistency and colonic transit time. Furthermore, significant improvements in abdominal bloating was observed in males and the number of evacuations in women. Russo, L. et. al. Saudi J Gastroenterol 2015; 21:104-10.
3. Intake of 5 grams Sunfiber per day suppressed maltitol- and lactitol-induced diarrhea. Nakamura S., et al. European Journal of Clinical Nutrition (2007), 1-8.
4. Ohashi, Y., et al. Consumption of partially hydrolysed guar gum stimulates Bifidobacteria and butyrate-producing bacteria in the human large intestine. Beneficial Microbes. 6, pp451-455, 2015
5. Tsuda, K, et al. Effect of partially hydrolyzed guar gum on elevation of blood glucose after sugar intake in human volunteers. Journal of Japanese Association for dietary fiber research. 2, pp15-22, 1998.
6. Suppressive effects of dietary fiber in yogurt on the postprandial serum lipid levels in healthy adult male volunteers. Kondo SI, Xiao JZ, Takahashi N, Miyaji K, Iwatsuki K, Kokubo S

PRODUCT INFORMATION:

Vital Cuisine® FIBERBASICS™	Item Number	Case Pack	GTIN	Case Dimensions	Case Cube	Net Wt. (lb)	Gross Wt. (lb)	Case/ Pallet	Ti/Hi
Instant Soluble Fiber	16925	4/8 oz	0 00 99429 16925 2	8.69 x 8.69 x 5.38	0.24	2.0	3.03	140	20/7



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