# Now Available

# THICK & EASY® CLEAR BULK THICKENER

We are pleased to announce that we now offer a bulk clear thickener option. THICK & EASY® CLEAR uses the same great formula as our other clear thickener products. This new product offers a convenient bag in the box storage container. Each case includes food and beverage mixing instructions for NDD as well as IDDSI.

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### THICKENER MIXING CHART

Liquid Consistency										
IDDSI*	Slightly Thick	Mildly Thick	Moderately Thick	Extremely Thick						
		Nectar-like	Honey-like	Spoon-thick Pureed						
4 fl oz	¼ tsp	¾ tsp	1¼ tsp	1 T + 2½ tsp						
6 fl oz	½ tsp	1 tsp	2 tsp	2 T + 21/4 tsp						
8 fl oz	¾ tsp	1¼ tsp	2½ tsp	3 T + 2 tsp						
32 fl oz	1 T	2 T	3½ T	<sup>3</sup> / <sub>4</sub> cup + 2 T + 2 tsp						
128 fl oz	¼ cup	½ cup	1 cup	3½ cups + 2T + 2 tsp						

T = Tablespoon, tsp = teaspoon, 3 tsp = 1 T

This chart is a guide for thickening liquids. The amount of thickener may need to be adjusted to meet your individual needs. Suitable for children above 3 years of age.

#### **MIXING DIRECTIONS**

- **1.** Add level measured thickener into empty, dry glass or container.
- **2.** Measure desired liquid into separate container.
- **3.** Add liquid to thickener quickly while stirring briskly with a whisk or fork until dissolved.
- **4.** Allow 5-10 minutes for product to reach desired thickness.

**NOTE:** With a mixer or blender, thickener may be added to agitated liquid.

#### **FOOD - Mashed Potato Consistency**

Pureed Fruits-4oz Drained: Add ¾ - 1½ tsp thickener Pureed Vegetables-4oz Drained: Add ¾ - 1½ tsp thickener Pureed Meats-3oz: Add 1 oz meat broth slurry (meat broth slurry = 4oz meat broth thickened with ¾ tsp thickener.) The amount of thickener may need to be adjusted to meet your individual needs.

# **MIXING DIRECTIONS**

- Add level measured thickener to puree or broth while stirring briskly with whisk or fork.
- 2. Allow 5 minutes for product to reach desired thickness.
- **3.** Stir before serving.

## PRODUCT SPECIFICATION INFORMATION

THICK & EASY®	ltem Number	Case Pack	Servings per Case	GTIN	Case Dimensions	Case Cube	Pallet Pattern	Case/ Pallet	Shelf Life	Net Wt. (lb)	Gross Wt. (lb)	Price FOB
Clear Bulk Thickener	80256	4 LB bag in box	1295-3/4 tsp	10037600802564	8 x 6.3 x 10	0.29	37 x 4	148	3 years	4 lbs	4.5 lbs	\$83.50





<sup>\*</sup>International Dysphagia Diet Standards Initiative