



THICK & EASY® CLEAR Instant Food & Beverage Thickener

A Clear Solution for Patients with Dysphagia.



- ✓ Ideal to achieve IDDSI levels
- ✓ Easy to follow mixing charts
- ✓ Cost savings
- ✓ Training videos for your staff
- ✓ Simple transition
- ✓ Virtual training upon request

THICK & EASY® CLEAR INSTANT FOOD AND BEVERAGE THICKENER



SUITABLE *in a* VARIETY of BEVERAGES

THICK & EASY® Clear Instant Food & Beverage Thickener is as easy to use in water as it is in a supplement drink. **Thicken a variety of beverages including water, juice, milk, coffee, tea, supplement drinks, carbonated beverages and food.** THICK & EASY® Clear Instant Food & Beverage Thickener works well in hot or cold beverages.

OU Kosher • Gluten Free • Lactose Free • Reliable Viscosity



EASY to USE

Simple 1-2-3 mixing instructions and only a fork is required to achieve a smooth, CLEAR dispersion.



SAFE for PATIENTS with DYSPHAGIA

After reaching the optimal viscosity, it remains at the **appropriate consistency** for the duration of consumption. Thickening times vary based upon the beverage served.



SUITABLE for a VARIETY of DIETS

The **limited calorie and carbohydrate** content makes it suitable for individuals on carbohydrate-controlled diets.

MIXING INSTRUCTIONS:



INDIVIDUAL/SINGLE SERVE

1. Combine desired liquid and measured thickener while stirring with a whisk or fork for up to 30 seconds.
2. Allow up to 5 minutes for clear liquids to reach desired consistency.
3. Allow up to 15 minutes for dairy and supplements to reach desired consistency.



BULK

1. Prep a slurry – Pre-measure thickener in dry container. Add up to a 1/3 of total liquid. Whisk for 15 seconds.
2. Transfer slurry to blender[†] or tabletop mixer. Add remaining liquid to be thickened to the slurry.
3. Mix at lowest speed for 5 minutes.

[†] If using blender, pulse periodically to avoid bubbles.

Description	Hormel #	Pack Size	Sysco #	GFS #	Calories	Fat (g)	Sodium (mg)	CHO (g)	Protein (g)
THICK & EASY® CLEAR Instant Food & Beverage Thickener Bulk	72456	1/1.81kg	5471386	1375569	5	0	20	1	0
THICK & EASY® CLEAR Instant Food & Beverage Thickener Tins	72448	12/127g	5471101	1383967	5	0	20	1	0
THICK & EASY® CLEAR Instant Food & Beverage Thickener - IDDSI Level 2 Sticks	72451	100/1.4g	2820013	1383968	5	0	20	1	0
THICK & EASY® CLEAR Instant Food & Beverage Thickener - IDDSI Level 3 Sticks	72453	100/3.2g	2859306	1383969	10	0	55	2	0



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NOURISHMENT WHEN YOU NEED IT MOST™